

# Ain't No Reason

COPPER KNOB  
STEPSHEETS

拍数: 56      墙数: 2      级数:  
编舞者: Eddie Van Herwijnen  
音乐: No Reason to Change - Randy Travis



## FORWARD, ROCK, SIDE, ROCK, SLOW RIGHT SAILOR, BEHIND

1-2      Step right forward, rock back onto left  
3-4      Step right to right side, side rock onto left  
5-6-7      Slow right sailor: step right behind left, step left to left side, step right to right side  
8      Step left behind right

## FORWARD, TOUCH & HEEL, FORWARD, FORWARD, TOUCH & HEEL, FORWARD

1-2      Step right forward, touch left toe next to right  
&3-4      Step left back, touch right heel forward, step right forward  
5-6      Step left forward, touch right toe next to left  
&7-8      Step right back, touch left heel forward, step left forward

## ACROSS, BACK, ¼ RIGHT, 1/4 RIGHT, ROCK, ACROSS, SIDE, ROCK

1-2      Step right across left, step left back  
3-4      Turn ¼ right stepping right forward, turn ¼ right stepping left to left side (6:00)  
5-6      Side rock onto right, step left across right  
7-8      Step right to right side, side rock onto left

## ACROSS, ROCK & HEEL, HOP/TOE, HOP/HEEL, HOP/TOE, HOP/HEEL, SIDE

Easier option: across, rock & heel, across, side, across, side, rock

1-2      Step right across left, rock back onto left  
&3      Step right to right side, touch left heel forward diagonally left  
4-5      Travel right: hop left across right touching right toe behind left, hop right to right side touching left heel forward  
6-7      Hop left across right touching right toe behind left, hop right to right side touching left heel forward  
8      Step left to left side

Easier option for above 5 beats as follows:

4-8      Travel right: step left across right, step right to right side, step left across right, step right to right side, rock onto left

## ACROSS, BACK, ¼ RIGHT, FORWARD, SIDE, ROCK, BEHIND, ROCK ACROSS

1-2      Step right across left, step left back  
3-4      Turn ¼ right stepping right forward, step left forward (9:00)  
5-6      Step right to right side, side rock onto left  
7-8      Step right back behind left, rock forward onto left across right

## SIDE, ½ LEFT, FORWARD, ROCK, RIGHT COASTER, FORWARD, TOUCH

1-2      Step right to right side, turn ½ left stepping left forward (3:00)  
3-4      Step right forward, rock back onto left  
5&6      Right coaster: step right back, step left together, step right forward  
7-8      Step left forward, touch right toe next to left

## BALL-STEP, FORWARD, ROCK, ½ RIGHT, PIVOT TURN, ¼ RIGHT, TOUCH

&1      Ball-step: step ball of right back, step left forward  
2-3-4      Step right forward, rock back onto left, turn ½ right stepping right forward (9:00)  
5-6      Pivot turn: step left forward, pivot ½ right weight on right (3:00)

7-8 Turn ¼ right stepping left to left side, touch right toe next to left (6:00)

**REPEAT**

**TAG**

**To be done at the end of wall 1 and twice at the end of wall 3 - both facing back  
& HEEL, HOLD, & HEEL, HOLD, HIP, HIP, HIP, HIP**

&1-2 Step right to right side, touch left heel forward diagonally left, hold

&3-4 Step left to left side, touch right heel forward diagonally right, hold

5-8 Step right to right side swaying hips right, sway hips left, right, left

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