

Any Man Of Mine

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Mike Pickman & Tracey Zsido
音乐: Any Man of Mine - Shania Twain



- 1 Step to the right with the right foot
- 2 Cross left foot behind right
- 3 Step to the right with the right foot
- 4& Rock left foot back, then rock forward on right
- 5 Step to the left with the left foot
- 6 Cross right foot behind left
- 7 Step to the left with the left foot
- 8& Rock back on right foot, then rock forward on left

- 9 Walk forward on right
- 10 Walk forward on left
- 11 Walk forward on right
- 12& Rock forward on left, then rock back on right
- 13 Step back on left
- 14 Step back on right
- 15 Step back on left
- 16& Rock back on right then rock forward on left

- 17 Swivel both toes to the right
- 18 Swivel both heels to the right
- 19&20 Swivel both toes right, then heels, then toes center
- 21 Swivel both toes to left
- 22 Swivel both heels to left
- 23&24 Swivel both toes to left, then heels then toes center

- 25 Scuff right heel forward
- 26 Raise right knee
- 27 Step right heel down forward
- 28 Bring right foot together next to left
- 29 Scuff left heel forward
- 30 Raise left knee
- 31 Step left heel down forward
- 32 Touch left foot next to right

- 33 Step left foot at 9:00 position
- 34 Scuff right foot next to left
- 35 Step right foot over left
- 36 Scuff left foot next to right
- 37 Step left foot to 6:00 position
- 38 Scuff right foot next to left
- 39 Grind hips down to right
- 40 Grind hips up to left (weight should be on your left)

REPEAT