

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Glynn Rodgers (UK)  
音乐: Friend or Foe - Adam Ant



## POINT, TOUCH, HEEL, HOOK, HEEL, CLOSE, POINT, STEP

1-2      Point right toe to right side, touch right toe beside left  
3-4      Dig right heel forward, hook right leg under left knee  
5-6      Dig right heel forward, touch right toe beside left  
7-8      Point right toe to right side, step right beside left

## POINT, TOUCH, HEEL, HOOK, HEEL, CLOSE, POINT, STEP

1-8      Repeat section 1 on left foot

## TOE, HEEL, HOOK, HEEL, HOOK, TOE, STEP. (SECTION 3)

1-2      Touch right toe to left instep, dig right heel forward  
3-4      Hook right leg under left knee, dig right heel forward  
5-6      Hook right leg under left knee, dig right heel forward  
7-8      Touch right toe to left instep, step right to place

## TOE, HEEL, HOOK, HEEL, HOOK, TOE, STEP. (SECTION 4)

1-8      Repeat section 3 on left foot

## PIGEON TOES, BUTTER CUPS, CAMEL WALK

1-2      Split both heels, close both heels  
3-4      Split toes, close toes  
5-8      Step forward right, lock left behind right, step forward right, scuff left foot

## JAZZ BOX TURN, SCUFF, CAMEL WALK

1-4      Cross left over right, step back  $\frac{1}{4}$  left on right foot, step left to left side, scuff right forward  
5-8      Step forward right, lock left behind right, step forward right, scuff left foot

## DIAGONAL TOUCHES, GRAPEVINE TURN

1-2      Step diagonally forward left, touch right beside left  
3-4      Step diagonally forward right, touch left beside right  
5-8      Step left to left side, step right behind left, step left to left side, hitch right knee turning  $\frac{1}{2}$  turn left

## GRAPEVINE TURN, SIDE, SLIDE, ROCK, RECOVER

1-4      Step right to right side, step left behind right, step right to right side, hitch left knee turning  $\frac{1}{4}$  right  
5-6      Step left to left side, slide right to left  
7-8      Rock back right, recover weight onto left

## REPEAT

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