

Antonia's Waltz

COPPERKNOB
STEPSHEETS

拍数: 54 墙数: 4 级数: Intermediate waltz
编舞者: Phil Johnson (UK)
音乐: My Antonia - Emmylou Harris



Position: Start with weight on right foot and left toe pointing forward

LEFT ½ RONDE, HOLD; RIGHT ½ RONDE, HOLD

1-2 Sweep left foot round and behind right stepping on left
3 Hold
4-5 Sweep right foot round and behind left stepping on right
6 Hold

HEEL HOOK STEP; BRUSH HOOK STEP

7-9 Dig left heel forward; hook left foot in front of right knee; step forward on left
10-12 Brush right heel forward; hook right foot in front of left knee; step forward on right

½ SPIN RIGHT WITH LEFT ¾ RONDE; LEFT TWINKLE

13-15 On right ½ turn right sweeping left around and in front of right (6:00)
16-18 Cross left over right; step right to right side; step on left in place

WEAVE LEFT; STEP SLIDE

19-21 Cross right over left; step left to left side; cross right behind left (alternative: full turn left)
22-24 Step left long step to left; slide right to left over two beats

¼ TURN RIGHT LOCK RIGHT; LEFT LOCK LEFT

25-27 Turn ¼ right and step forward on right on right diagonal; lock left behind right; step forward on right (9:00)
28-30 Step forward on left on left diagonal; lock right behind left; step forward on left

FORWARD RIGHT COASTER; LEFT COASTER

31-33 Step forward on right; step right beside left; step slightly back on right
34-36 Step back on left; step right beside left; step forward on left

½ SPIN LEFT WITH RIGHT ¾ RONDE; RIGHT TWINKLE

37-39 ½ turn left sweeping right around in front of left; (3:00)
40-42 Cross right over left; step left to left side; step on to right in place (body slightly angled to left)

THREE ¼ TURNS LEFT BASIC WALTZ STEPS FORWARD AND BACK; ¼ TURN LEFT WALKING BACK RIGHT LEFT RIGHT

43-45 Turn ¼ left and step forward on left; step right beside left; step on left beside right
46-48 Turn ¼ left and step back on right; step back on left beside right; step on right beside left
49-51 Turn ¼ left and step forward on left; step right beside left; step on left beside right
52-54 Turn ¼ left and step back on right; step back on left; step back on right (3:00)

Ending with weight on right behind left and left pointing forward; just as you started

Alternative steps 43-51 for the more adventurous - two full turns left remembering to end facing the wall you started from

REPEAT