Another One Bites The Dust



编舞者: Dawn Dennell (UK)

音乐: Another One Bites the Dust - Queen



Sequence: AB, AB, C, AB, AB, B

Start dance after 40 counts. You will start on vocals after Freddie says "lets go"

SECTION A

STOMP, KICK, CROSS, ROCK, ROCK AND HEEL JACKS (8 COUNTS)

1	Stomp left foot beside right foot

2 Kick left foot forward

3 Cross and step left foot in front of right foot

& Step right foot to right4 Return weight to left foot

5 Cross and step right foot behind left foot

& Step left foot to leftTap right heel forward

& Return right foot next to left foot

7 Cross and step left foot in front of right foot

& Step right foot to rightTap left heel forward

STEP, PIVOT, STOMP, STOMP, AND FANCY FEET (8 COUNTS)

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9 Step forward onto right foot

10 Pivot a ½ turn to left

11 Stomp right foot beside left foot

12 Stomp left foot in place

(weight on right toe and left heel) shift left toe and right heel to left

& Return both feet to place

14 (weight on left toe and right heel) shift left heel and right toe to right

& Return both feet to place

15 (weight on right toe and left heel) shift left toe and right heel to left

& Return both feet to place

(weight on left toe and right heel) shift left heel and right toe to rightReturn both feet to place making sure that weight is on left foot

SAILOR STEPS, (8 COUNTS)

18 Step left foot to left

19 Step back and rock onto right foot

& Return weight to left foot

20 Return right foot to place slightly apart from left foot

21 Cross and step left foot in front of right foot

22 Step right foot to the right

23 Step back and rock onto left foot

& Return weight to right foot

24 Return left foot to place

CROSS, UNWIND, KICK BALL CHANGE, STEP OUT, OUT, IN, IN (8 COUNTS)

25	Cross and step right foot in front of left foot
26	Unwind a ½ turn to the left
27	Kick right foot forward
&	Step right foot in place with weight on ball of foot
28	Step left foot in place
29	Small step to right on right foot
30	Small step to left on left foot
31	Step right foot back to place
32	Step left foot back to place
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WALK FORW	ARD WITH TURNS STEP OUT OUT, IN IN, AND FIRE(16 COUNTS)
33	Step forward on right foot
34	Step forward on left foot
35	Step forward on right foot
36	Swivel ½ turn to the right on ball of right foot
37	Step forward on left foot
38	Step forward on right foot
39	Step forward on left foot
40	Swivel ¼ turn to the left on ball of left foot kicking right leg forward
41	Step to right on right foot
42	Step to left on left foot
43	Step right foot back to place
44	Step left foot back to place
45	Fire imaginary gun with right hand over right shoulder
46	Fire over right shoulder again
47	Fire imaginary gun over left shoulder
48	Fire over left shoulder again
	i ile over lett stibuluer again
	The over left shoulder again
	HANGES AND SHIMMY LEFT (8 COUNTS)
KICK BALL CH	HANGES AND SHIMMY LEFT (8 COUNTS)
KICK BALL CH	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward
KICK BALL CH 49 &	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot
KICK BALL CH 49 & 50	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward
KICK BALL CH 49 & 50 51	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot
KICK BALL CH 49 & 50 51 &	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot
KICK BALL CH 49 & 50 51 & 52	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Transfer weight to right foot Take a large step to left with left foot
KICK BALL CH 49 & 50 51 & 52 53	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot
KICK BALL CH 49 & 50 51 & 52 53 54-55	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders
KICK BALL CH 49 & 50 51 & 52 53 54-55 56	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders
KICK BALL CH 49 & 50 51 & 52 53 54-55 56	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS)
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61 62-63 64	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot Bend knees and shimmy shoulders
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61 62-63 64 SECTION B	Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot Bend knees and shimmy shoulders Touch left foot next to right foot and clap
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61 62-63 64 SECTION B VINE LEFT WI	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot Bend knees and shimmy shoulders Touch left foot next to right foot and clap
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61 62-63 64 SECTION B VINE LEFT WI	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot back to place with weight on ball of foot Transfer weight to right foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot Bend knees and shimmy shoulders Touch left foot next to right foot and clap ITH A SWITCH AND POINT, CROSS, UNWIND AND SLIDE LEFT (8 COUNTS) Step left foot to left
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61 62-63 64 SECTION B VINE LEFT WI 1	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot Bend knees and shimmy shoulders Touch left foot next to right foot and clap ITH A SWITCH AND POINT, CROSS, UNWIND AND SLIDE LEFT (8 COUNTS) Step left foot to left Cross and step right foot behind left foot
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61 62-63 64 SECTION B VINE LEFT WI 1 2 &	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot Bend knees and shimmy shoulders Touch left foot next to right foot and clap ITH A SWITCH AND POINT, CROSS, UNWIND AND SLIDE LEFT (8 COUNTS) Step left foot to left Cross and step right foot behind left foot Small step to left on left foot
KICK BALL CH 49 & 50 51 & 52 53 54-55 56 STOMP, BOD 57 58 59-60 61 62-63 64 SECTION B VINE LEFT WI 1	HANGES AND SHIMMY LEFT (8 COUNTS) Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Kick left foot forward Step left foot back to place with weight on ball of foot Transfer weight to right foot Transfer weight to right foot Take a large step to left with left foot Bend knees and shimmy shoulders Step right foot next to left and clap Y ROLL AND SHIMMY TO RIGHT (8 COUNTS) Stomp left foot forward Hold for 1 count Body roll forward Take a large step to right on right foot Bend knees and shimmy shoulders Touch left foot next to right foot and clap ITH A SWITCH AND POINT, CROSS, UNWIND AND SLIDE LEFT (8 COUNTS) Step left foot to left Cross and step right foot behind left foot

5	Cross left foot in front of right foot
6	Unwind ½ turn to right (keeping weight on right foot)
7	Take a large step to left with left foot
8	Slide right foot next to left(keep weight on right foot)

VINE RIGHT, SWITCH AND POINT, CROSS, UNWIND AND SLIDE RIGHT(8 COUNTS)

9 Step right foot to right

10 Cross and step left foot behind right foot

& Small step to right on right foot

11 Cross and step left foot in front of right foot

12 Point right toes to right side

13 Cross right foot in front of left foot

14 Unwind ½ turn to left (keeping weight on left foot)

Take a large step to right on right foot

16 Slide left foot next to right (keep weight on right foot)

SECTION C

TOE, HEEL AND SHUFFLE IN PLACE (8 COUNTS)

1 Point left toe to right instep

2 Tap left heel forward

3&4 Shuffle in place left right left
5 Point right toe to left instep
6 Tap right heel forward

7&8 Shuffle in place right left right

If you have difficulty with heel jacks then just tap right heel forward and back to place and left heel forward and back to place

Fancy feet can be replaced with swivets