

Another Lover

拍数: 32 墙数: 0 级数:
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音乐: Another Lover - Dane Bowers



HEEL GRIND ¼ TURNING, COASTER, HEEL & TAP & HEEL, OUT, OUT

- 1-2-3&4 Grind right heel as you turn ¼ right, step onto left, coaster step by stepping back on right, step left next to right, step slightly forward on right
- 5&6&7&8 Dig left heel forward, step left in place, tap right next to left, step right in place, dig left heel forward, step left out to left side, step right out to right side

ROLL KNEE, TOUCH, ROCK, RECOVER TWICE

- 9-10-11&12 Roll left knee out to the left over 2 counts, touch right toe next to left, rock onto ball of right to the right side (right heel turned out to the right slightly) pushing hip to the right at the same time, recover weight onto left
- 13-14-15&16 Step onto right and roll right knee out to right over 2 counts, touch left toe next to right, rock onto ball of left to the left side (left heel turned out to the left slightly) pushing hip to the left at the same time, recover weight onto right

HIP BUMPS. SYNCOPATED PIVOT TURN. HIP BUMPS. SYNCOPATED ROCKING CHAIR

- 17&18-19&20 Step forward on left and bump hips forward/back/forward (counts 1&2), step forward on right, half pivot turn left stepping onto left, step forward on right (count 3&4)
- 21&22-23&24 Step forward on left and bump hips forward/back/forward (counts 5&6), rock forward on right, recover weight onto left, rock back on right (count 7&8)

LOCK SHUFFLE BACK, TOUCH BACK UNWIND. WALK, WALK, BALL, WALK, WALK

- 25&26-27-28 Step back on left, cross right over left, step back on left, touch right toe behind left and unwind ½ to the right
- 29-30&31-32 Walk forward on left, walk forward on right, rock back slightly on ball of left (ball change on the '&' count) walk forward on right, walk forward on left

REPEAT

TAG

After 6th repetition walk forward right/left/right/left
