

编舞者: Hedy McAdams (USA)

音乐: Silver Tongue and Goldplated Lies - K.T. Oslin



SIDE, BACK-TOGETHER, FORWARD, TURN-TOGETHER, FORWARD, ROCK-ROCK, STEP, TURN-TOGETHER

1	Big step right to right (and begin to draw left foot toward right)

2 Step left back

& Step right beside leftStep left forward

4 Step right to right (angle body left to begin a ¼ turn left)

& Pivoting on ball of right foot, step left beside right and complete ¼ turn left (9:00)

5 Step right forward6 Rock-step to left

& Small step forward on right

Step left forward (turn left toe out)
 Step right forward and begin ½ turn left

& Pivoting on ball of right foot, turn ½ left (3:00) and step (or slide) left beside right

STEP, TURN, SIDE-BEHIND, SIDE-CROSS, TURN, STEP, POINT-LIFT, TURN-DROP

9 Step right forward

10 Pivot ½ left (9:00) and shift weight forward on left

Step right to right
Step left behind right
Step right to right
Cross left over right

13 Step right to right and turn ½ left (6:00) Styling: Lean or "sway" right shoulder into 12:00 wall

14 Step left forward

Point right toe forward then lift up on balls of both feet

Pivoting on balls of both feet, turn ¼ turn left (3:00), then drop heels (weight is left)

When using "Silver-Tongue And Gold-Plated Lies", there is a 16-count phrase at the third repetition of the dance phrase. This is easy to spot because it is the first instrumental phrase. For this pattern only, change count 16 to

Pivoting on ball of both feet, turn ½ left (12:00), drop heels and begin dance again at count 1.

BUMP, ROLL, SLIDE-LOCK, SLIDE, BUMP, ROLL, SLIDE-LOCK, SLIDE

17 Step right forward and turn ¼ left (12:00)

18 Leading with right hip, turn ¼ right (3:00), keeping both feet in place. (your legs will be

crossed right over left.)

Use right hip to "direct" this turn. Draw a ¼ circle to the right with right hip, then shift weight left)

Slide right foot forward
Lock left foot behind right
Slide right foot forward

21 Step left forward and turn ¼ right (6:00)

Leading with left hip, turn 1/4 left (3:00), keeping both feet in place. (your legs will be crossed

left over right.)

Use left hip to "direct" this turn. Draw a ¼ circle to the left with left hip, then shift weight left)

Slide left foot forward
Lock right behind left
Slide left foot forward

STEP, TURN, BEHIND-SIDE, CROSS, SIDE-BEHIND, SIDE, CROSS-UNWIND, SHIFT

25 Step right forward

26 Pivot ¼ left (12:00) in place and shift weight left

27 Step right behind left

& Step left to left

28 Cross right over left

29 Step left to left

& Step right behind left

30 Step left to left

31 "circle-cross" right over left and unwind ½ left (6:00)

In one smooth-flowing motion, draw a circle to the left with the ball of the right foot crossing over left. Unwind ½ turn left (6:00). End with weight on ball of right foot.)

32 Shift weight left (and hold for dramatic pause before beginning count 1)

REPEAT