Angel's Rock

拍数: 48

级数: Intermediate/Advanced

编舞者: Angela St. Onge (USA)

音乐: Rodeo Rock - Jimmy Collins

TOE/HEEL, TRIPLE STEPS:

- 1 Right toe-tap near left instep (heel aiming 4 o'clock)
- 2 Right heel touch near left toe (toe aiming 2 o'clock)
- 3&4 Triple step in place: right, left, right

JUMPING JACK, UNWIND, CLAP:

- 5-6 Jumping jack: jump feet shoulder-width apart jump right crossing in front of left 7 In 1 count, unwind full turn to the left (facing original wall (12 o'clock))
- 7 In 1 count, unwind full turn to the left (facing original wall (12 c 8 Clap

RIGHT STOMP, JUMP, HIP PUSHES:

- 1-2 Right stomp to the right. Hold
- &3-4 Left step near right. Right stomp to the right. Clap
- 5 Extend fists (thumb-to-thumb) forward diagonal left with hip push right
- 6 Shift fists to forward diagonal right with hip push left
- 7 Shift fists straight forward a with pelvic push back
- 8 Pull fists back with pelvic push forward

LEFT STOMP, JUMP, HIP PUSHES:

- 1-2 Left stomp to the left. Hold
- &3-4 Right step near left. Left stomp to the left. Clap
- 5 Extend fists (thumb-to-thumb) forward diagonal left with hip push right
- 6 Shift fists to forward diagonal right with hip push left
- 7 Shift fists straight forward a with pelvic push back
- 8 Pull fists back with pelvic push forward

"AIR LASSO". SCUFF, TURN, BRUSH, CLAP:

- 1-4 With left arm extended forward right hand high above head ("air lasso"), rotate hips right arm to the left: right and forward. Left and back. Right and forward. Left and back
- 5 Right heel scuff forward
- 6 Pivot ¹/₄ to the left on left sole (facing 9 o'clock) as right sole brushes back
- 7-8 Right stomp near left. Clap

ROCKS, SWIVEL STEPS:

- 1& Rock forward on right. Rock onto left
- 2& Rock back on right. Rock onto left
- 3 Rock forward on right
- &4 Swivel right toe and left heel out. Then return in
- 5& Rock back on right. Rock onto left
- 6& Rock forward on right. Rock onto left
- 7 Rock back on right
- &8 Swivel right toe and left heel out. Then return in

RIGHT VINE, HIP BUMPS, STAMP:

1-4 Right vine ending with left stamp (no weight) near right (extend fists (thumb-to-thumb)forward during next 4 counts)





墙数:4

- 5 Left step slightly left (equal weight) with right hip push and shoulders tilting right
- 6 Left hip push with shoulders tilting left
- 7 Right hip push with shoulders tilting right
- 8 Right stamp (no weight) near left

REPEAT