

Amor

拍数: 32 墙数: 4 级数: Beginner
编舞者: Barrie R. Godfrey (UK)
音乐: Amor - Ben E. King



RIGHT SIDE ROCK, RECOVER, SYNCOPATED CROSS STEP, LEFT SIDE ROCK, RECOVER, SYNCOPATED CROSS STEP

1-2 Rock to right on right foot(swaying hips forward)recover weight onto left foot
3&4 Step right foot behind left, step left to left side, cross right over left
5-6 Rock to left on left foot(swaying hips forward), recover weight onto right foot
7&8 Step left foot behind right, step right to right side, cross left over right

CROSS STEP, BACK, RIGHT LOCK STEP BACK, LEFT COASTER, WALKS FORWARD

1-2 Cross right foot over left, step back on left
3&4 Step back on right, cross left over right, step back on right
5&6 Step back on left, step right beside left, step forward on left
7-8 Walk forward on right, walk forward on left

RIGHT CROSS STEP, STEP, LEFT CROSS STEP, STEP, SYNCOPATED CROSS STEP, QUARTER PIVOT LEFT

1-2 Step right foot forward across left, step left foot to left side
&3-4 Step right beside left, step left foot forward across right, step right to right side
5&6 Step left foot behind right, step right foot to right side, cross left foot across right
7-8 Step forward on right foot, pivot quarter turn to left(9:00)

RIGHT FORWARD LOCK STEP, FULL TURN, LEFT FORWARD LOCK STEP, FULL TURN

1&2 Step forward on right foot, step left behind right, step forward on right foot
3-4 Make full turn over right shoulder stepping left, right
5&6 Step forward on left foot, step right behind left, step forward on left foot
7-8 Make full turn over left shoulder, stepping right, left

REPEAT

ALTERNATIVE STEPS:

On last section steps 3-4 walk forward left, right. Steps 7-8 walk forward right, left.
