

American Thighs

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rachael McEnaney (USA)
音乐: You Shook Me All Night Long - AC/DC



Start on vocals "fast"

2 HEEL SWITCHES, STEP ½ PIVOT, 2 HEEL SWITCHES, STEP ¼ PIVOT

1&2 Touch right heel forward, step right next to left, touch left heel forward
&3-4 Step left next to right, step forward on right, pivot ½ turn left (6:00)
5&6 Touch right heel forward, step right next to left, touch left heel forward
&7-8 Step left next to right, step forward on left, pivot ¼ turn left (3:00)

CROSS, SIDE, BEHIND & HEEL, BALL CROSS, SIDE, ¼ SAILOR STEP LEFT

1-2 Cross right over left, step left to left side
3&4 Cross right behind left, step left to left side, touch right heel to right diagonal
&5-6 Step in place on right, cross left over right, step right to right side
7&8 Cross left behind right, make ¼ turn left stepping right next to left, step forward on left (12:00)

RIGHT ROCK FORWARD, RIGHT COASTER STEP, 2X STEP FORWARD LEFT ½ PIVOT TURN TO RIGHT

1-2 Rock forward on right, recover weight onto left
3&4 Step back on right, step left next to right, step forward on right
5-6 Step forward on left, pivot ½ turn right (6:00)
7-8 Step forward on left, pivot ½ turn right (12:00)

ROCK FORWARD ON LEFT, ¾ TURN LEFT, LEFT SAILOR STEP, HOLD, BALL STEP

1-2 Rock forward on left, recover weight onto right
3-4 Make ½ turn left stepping forward on left, make ¼ turn left stepping right to right side (6:00)
5&6 Cross left behind right, step right next to left, step left to left side (3:00)
7&8 Hold (7), step right together, step left to left side

Tag is here on 4th wall

TOUCH STEP WITH ¼ TURN, LEFT SAILOR STEP, TOUCH STEP WITH ¼ TURN, LEFT SAILOR STEP

1-2 Make ¼ turn right on ball of left as you touch right next to left, step right to right side (6:00)
3&4 Cross left behind right, step right next to left, step left to left side
5-6 Make ¼ turn right on ball of left as you touch right next to left, step right to right side (9:00)
7&8 Cross left behind right, step right next to left, step left to left side

Styling counts 1-2 and 5-6: as you touch right next to left on ¼ turn rise up onto balls of both feet, as you step to side lower back down

KICK BALL SIDE, KICK BALL SIDE, SYNCOPATED JAZZ BOX WITH TOUCH

1&2 Kick right across left, step right next to left, step left to left side
3&4 Kick right across left, step right next to left, step left to left side
5-6 Cross right over left, step back on left
&7-8 Step right to right side, cross left over right, touch right to right side

TOE SWITCH, ¼ TURN LEFT WITH KICK, LEFT COASTER, HIP BUMPS WITH TOE STRUTS TWICE MAKING ½ TURN

&1-2 Step right next to left, touch left to left side, make ¼ turn left kicking left foot forward (6:00)
3&4 Step back on left, step right next to left, step forward on left

- 5&6 Make ¼ turn left touching right toe to side & bumping right hip forward, bump hips back, drop right heel to floor bumping right hip forward (3:00)
- 7&8 Make ¼ turn left touch left toe forward & bumping left hip forward, bump hips back, drop left heel to floor bumping left hip forward (12:00)

RIGHT SHUFFLE FORWARD, STEP LEFT ½ PIVOT, LEFT SHUFFLE FORWARD, FULL TURN LEFT STEPPING RIGHT, LEFT

- 1&2 Step forward on right, step left next to right, step forward on right
- 3-4 Step forward on left, pivot ½ turn right 6:00
- 5&6 Step forward on left, step right next to left, step forward on left
- 7-8 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left

Easy option:

- 7-8 Walk forward right, left

REPEAT

TAG

On 4th wall you will start the dance facing the back, do first 32 counts of dance then add the following 8 counts:

- 1-2 Make ¼ turn right on ball of left as you touch right next to left, step right to right side
- 3&4 Cross left behind right, step right next to left, step left to left side
- 5-6 Touch right next to left, step right to right side
- 7&8 Cross left behind right, step right next to left, step left to left side

After tag restart dance from beginning

END

The dance should end facing front wall on section 17-24. You will do the right rock & coaster step then stomp left foot forward with arms spread
