

Amended Cha

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Jane Koon (USA)
音乐: I've Got You - Marc Anthony



RHUMBA BOX, HOOK ¼ TURN, CHA-CHA FORWARD, HOOK ½ TURN, CHA-CHA FORWARD

1&2 Step left to left side, bring right together, step forward left
3& Step right to right side, bring left together
4& Step back on right and hook left making ¼ turn left
5&6 Cha forward left, right, left
&7&8 Hook right while making ½ turn right, cha forward right, left, right

FULL TURN, MAMBO LEFT, TOUCH ¼ TURN, CHA CHA FORWARD

1-2 Step ½ on right, continue ½ forward on left
3&4 Rock forward left, step right in place, bring left home
5-6 Touch right to side, ¼ turn right
7&8 Cha forward right, left, right

Styling note: on steps 5-6, keep your weight down on the left when turning the ¼ turn right, roll your knee and pop it out, keeping the heel up

TOUCH, TURN ½ LEFT, BUMP LEFT-RIGHT-LEFT-RIGHT, PUSH LEFT 4X

1-2 Touch left toe behind, turn ½ (keep that heel up!)
3&4& Bump forward left, right, left, right (sit down on right while doing the bumps)
5&6&7&8 Step left, right together, step left, right together, step left, right together, step left (styling note: push the right hip out as you move to the left i.e.: push, and push and push and push)

STEP SLIDE, MAMBO ½ TURN, MAMBO LEFT, MAMBO RIGHT

1-2 Long step right, bring left beside right (with weight on left)
3&4 Rock forward on right, recover left while making ½ turn right, step right
5&6 Rock forward on left, step right in place, bring left home
7&8 Rock back on right, step left in place, bring right home

REPEAT
