

# Amalgamation

拍数: 32      墙数: 2      级数: Intermediate/Advanced  
编舞者: Tom Mickers (NL)  
音乐: Dance and Shout - Wynonna



## **¼ TURN, ¾ TURN, ½ TURN, HOLD, CROSS LEFT, ¼ TURN BACK ROCK**

- 1            On ball of left make ¼ turn left, touching right to right side
- 2            On ball of left make ¾ turn right, stepping right beside left
- 3            Touch left toe to left side
- 4            On ball of right make ½ turn left, stepping left beside right
- 5            Touch right toe to right side
- 6            Hold position, transferring weight to right foot
- &            Angling body to left diagonal, cross left over right
- 7            Complete ¼ turn, rocking back on right
- 8            Rock forward onto left

## **HITCH & TOE STRUT, ½ TURN & TOE STRUT, TOE STRUTS BACK**

- &9-10       Hitch right knee. Step right toe forward. Drop right heel taking weight
- &            Hitch left knee making ½ turn right on ball of right
- 11-12       Step left toe back. Drop left heel taking weight
- &13-14      Hitch right knee. Step right toe back. Drop right heel taking weight
- &15-16      Hitch left knee. Touch left toe beside right. Step left to left side

## **SHOULDER & HIP MOVEMENTS, TOUCH & CROSS STEPS WITH RIGHT & LEFT**

- 17           Move upper body (shoulders) to left
- 18           Push hips to left side
- 19           Push hips to right side (up)
- 20           Push hips to left side (down), touching right beside left
- 21-22       Touch right toe to right side. Step right across left
- 23-24       Touch left toe to left side. Step left across right

## **HEEL SWIVEL FORWARD, MASHED POTATO BACK, SIDE, CROSS, ¾ UNWIND**

- 25           Step right forward swiveling both heels in
- &26          Swivel both heels out. Slide right back behind left, swiveling heels in
- &27          Swivel both heels out. Slide left back behind right, swiveling heels in
- &28          Swivel both heels out. Slide right back behind left, swiveling heels in
- 29-30       Touch left to left side. Cross left behind right
- 31-32       Unwind ¾ turn left. Hold

**REPEAT**

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