

A. M. Waltz

拍数: 48 墙数: 2 级数: Improver waltz
编舞者: Ann Thomson-Buhler (AUS)
音乐: It's Four in the Morning - Faron Young



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- 1-2-3 Step right to right, tap left toe together twice
4-5-6 Step left to left, tap right toe together twice
- 1-2-3 Turn ¼ right - step forward right, step forward left, step back right
4-5-6 Turn ¼ left - step left to left, tap right toe together twice
- 1-2-3 Turn ¼ left - pivot left on left, step right to right(sway hips), left to left, right to right
4-5-6 Left sailor step - step left behind right, rock right to right, rock left to left
- 1-2-3 Right sailor step - step right behind left, rock left to left, rock right to right
4-5-6 Turn ¼ left - step forward on left, point right to right. Hold one count
- 1-2-3 Cross right over left, point left to left. Hold one count
4-5-6 Turn ¼ left - pivot left on right & drop left heel. Tap right up to left heel, step back right
- 1-2-3 Left coaster step - step back left, step right together, step forward left
4-5-6 Waltz forward right-left-right
- 1-2-3 Waltz back left-right-left
4-5-6 Step forward right - turn ¼ left(weight left), cross right over left
- 1-2-3 Sway hips - step left to left, step right to right, step left to left
4-5-6 Turn ½ left - step forward right, pivot turn left(weight left), touch right together

REPEAT

RESTART

Fifth(5th) wall - facing front - complete counts 1-12 then

- 1-9 Waltz forward right-left-right, waltz back left-right-left. Step right to right, (tap left toes together twice.)
10-12 Step left to left, (tap right toes together twice)

Start again from beginning
