Always, Forever



编舞者: Sandie Lilholt Kristensen

音乐: I Love You Always Forever - Donna Lewis



Long intro. Start the dance as the music speeds up, after about 1 minute

POINT, POINT, COASTER STEP

1-2	Point right toe forward, point right toe to the right side
3&4	Step back right, step left beside right, step forward right
5-6	Point left toe forward, point left toe to the left side
7&8	Step back left, step right beside left, step forward left

HIP BUMPS RIGHT, HIP BUMPS LEFT, TWO 1/4 PADDLE TURNS

1-2	Step forward right, as you bump your hips twice to the right
3-4	Step forward left, as you bump your hips twice to the left
5-6	Step forward right, on ball of left, turn 1/4 to the left
7-8	Step forward right, on ball of left, turn ¼ to the left

Restart from here on 9th wall (facing back wall)

ROCK STEP FORWARD, RECOVER, TRIPLE STEP ON THE SPOT, SIDE, TOGETHER, LEFT CHASSE

1-2	Rock forward right, recover left
-----	----------------------------------

3&4 Step right beside left, step left in place, step right in place

5-6 Step left to the left, step right beside left

7&8 Step left to the left, step right beside left, step left to the left

1/2 PIVOT TURN LEFT, TWICE, ROCKING CHAIR

1-2	Step forward right, turn ½ to the left
3-4	Step forward right, turn ½ to the left
5-6	Rock forward right, recover left
7-8	Rock back on right, recover left

REPEAT

RESTART

On wall 9, restart after count 16