

# Always Sixteen

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Alan Birchall (UK)  
音乐: Always Sixteen - Billy Ray Cyrus



## SIDE, BEHIND, SWEEP, BEHIND, SIDE, IN FRONT, FULL TURN, LEFT FORWARD MAMBO

1&2      Step right to right, cross left behind right, sweep right around behind left  
3&4      Place weight on right, step left to left, cross right over left  
5-6      Making ½ turn right step back on left, making ½ turn right step forward on right  
7&8      Rock forward on left, recover on right, step back on left

## SAILOR STEP, FORWARD HEEL JACK, STEP, STEP, ½ PIVOT, TOUCHES WITH ¼ TURN

9&10      Cross right behind left, step left to left step right in place  
11&12      Cross left behind right, step back on right, extend left heel forward  
&13-14      Step left by right step forward on right, ½ pivot left (6:00)  
15&16      Making ¼ turn left touch right to right, step right by left, touch left to left (weight on right facing 3:00)

## HIP BUMPS OR 'TWIST', HEEL BALL CROSS, ¾ TRIPLE TURN, VAUDEVILLE STEP

17&18      Bump hips or twist heels left, right, left while transferring weight to left  
19&20      Touch right heel forward, step right by left, cross left over right  
21&22      Make ¾ triple turn left stepping right, left, right (facing 6:00)  
23&24      Cross left over right, step back on right, touch left heel forward

## STEP, RIGHT SHUFFLE, FULL TRIPLE TURN RIGHT, KICK, CROSS, FULL MONTEREY TURN

&25      Step left in place, step forward on right  
&26      Step left by right, step forward on right  
27&28      Make a full triple turn forward stepping left, right, left (6:00)  
**Alternative: left shuffle forward**  
29&30      Kick right diagonally over left, step right next to left, cross left over right  
31&      Point right to right, make a full turn right on ball of left foot transferring weight to right foot  
32      Step left by right

## REPEAT

## ENDING

The dance finish's on the ninth wall, at steps 11&12 (heel jack). To finish facing the front wall simply make this a ½ sailor turn left.