

Always On My Mind

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Helen D'Aguiar (UK)
音乐: You Don't Miss Your Water - Craig David



SIDE STEP, BACK ROCK, ¼ TURN RIGHT, STEP PIVOT ½ TURN RIGHT, STEP, STEP PIVOT ½ LEFT STEP, FULL TURN, ROCK FORWARD

- 1-2& Take large step to left, rock back on right, recover on left
3-4& Make quarter turn right, stepping forward on right, step forward on left, pivot half turn right transferring weight to right foot
5-6& Step forward on left, step forward on right pivot half turn left, transferring weight to left
7& Make full turn left, stepping right, left
8& Rock forward on right, recover back on left

BACK STEP, ROCK BACK, ¼ TURN RIGHT, CROSS ROCKS TWICE, SYNCOPATED JAZZ BOX ¼ TURN RIGHT

- 9-10& Step back on right, rock back on left, recover on right
11-12& Make ¼ turn right, stepping left foot to side, rock right over left, recover on left
13-14& Step right foot to side, rock left over right, recover on right
15-16& Step left to side, cross right over left, step back on left as you make a quarter turn right

SIDE STEP, STEP LOCK SWEEP TWICE, ROCK STEP, ¼ TURN LEFT, CROSS STEP, ¼ TURN RIGHT STEPPING BACK ON LEFT

- 17-18& Step right to side to complete jazz box, step forward on left, lock right behind
19-20& Step left forward as you sweep right foot out and in front of left, step onto right foot, lock left behind right
21-22& Step forward on right as you sweep left foot out and in front of right, step onto left foot, recover back on right
23-24& Make quarter turn left, stepping left foot out to side, cross right over left, make quarter turn right, stepping back on left

¼ TURN RIGHT INTO SIDE STEP, CROSS ROCK STEP, JAZZ BOX ½ TURN RIGHT INTO HIP SWAYS RIGHT, LEFT, TOUCH, KICK, CROSS, TOUCH

- 25-26& Turn quarter right stepping right to side (to complete jazz box half turn), rock left over right recover on right
27-28& Step left to side, cross right over left, make quarter turn right stepping back on left
29-30 Make quarter turn right to complete jazz box stepping right to side, swaying hips right, left (taking weight on left)
31&32& Touch right next to left, kick right foot into right diagonal, cross right over left, touch left next to right

REPEAT
