Alright Already



拍数: 32 墙数: 0 级数:

编舞者: Lyndy (USA)

音乐: It's Alright - Trisha Yearwood

Position: Sweetheart

RIGHT LOCK STEP, BRUSH, STEP BRUSH, STEP BRUSH

1-4 Walk forward right, lock (cross) left behind right, walk forward right, brush left

5-6 Walk forward left, brush right next to left7-8 Walk forward right, brush left next to right

LEFT LOCK STEP, BRUSH, STEP TOUCHES FRONT & BACK

9-12 Walk forward left, lock (cross) right behind left, walk forward left, brush right

13-14 Step forward & slightly right onto right, touch left next to right

15-16 Step back & slightly left onto left, brush right from front to back next to left (anticipating ¼ turn

right on count 17)

1/4 TURN INTO RIGHT VINE, BRUSH 1/4 TURN, SYNCOPATED 1/2 TURN

17 Turn ¼ right and step right to right side

Hands still joined at shoulder height, man now behind woman both facing out

18-19-20 Cross left behind right, step right to right side, turn ¼ right and brush left foot forward

Now facing RLOD

21-22 Step forward left, hold Break left hands and raise joined right hands

23-24 Pivot turn ½ right transferring weight onto right, hold

Man passes under joined right hands. After turn, hands return to Sweetheart position facing line of dance

ROCK FORWARD, RETURN, STEP BACK HOLD, ROCK REAR, RETURN, 2 KICKS

25-28 Rock forward on left, return onto right, walk back left, hold 29-32 Rock back on right, return onto left, kick right, kick right

REPEAT