

Baby, You Make Me Sick

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Scott Schrank (USA) & Jo Kinser (UK)
音乐: You Make Me Sick - P!nk



PRESS HITCH, ROCK AND CROSS, ½ TURN RIGHT, LEFT LOCK LEFT

1-2 Press the ball of right side right, replace weight left hitching the right knee up
3&4 Rock right side right, replace weight left, cross right in front of left
5-6 Step left back a ¼ turn right, step right side right a ¼ right
7&8 Step left forward, step right behind left, step left forward

STEP, TOUCH, COASTER STEP, SWIVEL AND SIDE, SAILOR ½ TURN

1-2 Step right forward, touch left next to right
3&4 Step back left, step right next to left, step left forward
5&6 Point right forward swiveling both heels in, take heels back to center, point right side right
7&8 Make a ½ turn right stepping right behind left, step left in place, step right forward

STEP, ROCK, AND CROSS, STEP, ROCK STEP, FULL TURN LEFT

1-2 Step left forward, rock right side right
&3-4 Replace weight left, cross right in front of left, step left back while making ¼ turn right
5-6 Rock right back, replace weight left
&7& Make a full turn left (right-left-right)
8& Lock left behind right, step forward right

STEP ½ TURN, LEFT ROCK AND CROSS, RIGHT ROCK AND CROSS, STEP LOCK STEP

1-2 Step left forward, pivot ½ turn right
3&4 Rock left side left, replace weight right, step left in front of right
Optional arm styling: take right arm down from center from 9:00 to 6:00 and back to 9:00
5&6 Rock right side right, replace weight left, step right in front of left
Optional arm styling: take right arm down from center from 9:00 to 9:00
7&8 Step left forward, lock right behind left, step left forward
Optional arm styling: take right arm down from center from 9:00 to 9:00 to 3:00)

REPEAT
