

Baby, It's Alright

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Rosalie Mackay (AUS)
音乐: It's Alright - Trisha Yearwood



WALK, WALK, BALL CHANGE, STOMP, SIDE STOMP, TWIST, TWIST, KICK

1-2&3-4 Step right forward, step left forward, step right to right side, step left in place, stomp right beside left
5-6-7-8 Stomp right to right side, twist heels to right, twist heels to left, kick right to right diagonal

BACK ROCK, SIDE SHUFFLE, BACK ROCK, SIDE, ½ TURN

1-2-3&4 Rock back on right, rock forward on left, side shuffle to right stepping right, left, right
5-6-7-8 Rock back on left, rock forward on right, step left to left side, turn ½ right step right to right side (6:00)

CROSS, POINT, & POINT & POINT, STOMP, KICK, & BACK TOUCH, HOLD

1-2 Step left across right, point right to right side
&3&4 Quickly step right beside left, point left to left side, quickly step left beside right, point right to right side
5-6&7-8 Stomp right beside left, kick right forward, quickly step right beside left, touch left toe back, hold

FORWARD SHUFFLE, PIVOT ½ TURN, WALK FORWARD RIGHT, LEFT, RIGHT, BALL CHANGE

1&2-3-4 Shuffle forward stepping left, right, left, step right forward, pivot ½ turn left weight on left (12:00)
5-6-7&8 Step right forward, step left forward, step right forward, step left to left side, step right in place

ROCKING CHAIR, ¼ TURN ROCK FORWARD/BACK, COASTER STEP

1-2-3-4 Rock forward on left, rock back on right, rock back on left, rock forward on right
5-6-7&8 Turn ¼ right rock forward on left, rock back on right, step back on left, step right beside left, step forward on left (3:00)

¾ PIVOT TURN, SIDE, KICK, BEHIND SIDE CROSS, SIDE, HOLD

1-2-3-4 Step right forward, pivot ¾ turn left weight on left, step right to right side, kick left to left diagonal (6:00)
5&6-7-8 Step left behind right, step right to right side, step left across right, step right to right side, hold

2 SLOW SAILOR STEPS, BEHIND, ¼ TURN

1-2-3 Step left behind right, step right to right side, step left in place
4-5-6 Step right behind left, step left to left side, step right in place
7-8 Step left behind right, turn ¼ right step right forward (9:00)

PIVOT ¾ TURN, SIDE, BEHIND, ¼ TURN FORWARD, FULL TURN, SCUFF

1-2-3-4 Step left forward, pivot ¾ turn right weight on right, step left to left side, step right behind left (6:00)
5-6-7-8 Turn ¼ left step left forward, turn ½ left step right back, turn ½ left step left forward, scuff right beside left (3:00)

REPEAT