

# Baby, It's Alright

**COPPER** KNOB  
BY STEPHEN METZ

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Rosalie Mackay (AUS)  
音乐: It's Alright - Trisha Yearwood



## WALK, WALK, BALL CHANGE, STOMP, SIDE STOMP, TWIST, TWIST, KICK

- 1-2&3-4      Step right forward, step left forward, step right to right side, step left in place, stomp right beside left  
5-6-7-8      Stomp right to right side, twist heels to right, twist heels to left, kick right to right diagonal

## BACK ROCK, SIDE SHUFFLE, BACK ROCK, SIDE, ½ TURN

- 1-2-3&4      Rock back on right, rock forward on left, side shuffle to right stepping right, left, right  
5-6-7-8      Rock back on left, rock forward on right, step left to left side, turn ½ right step right to right side (6:00)

## CROSS, POINT, & POINT & POINT, STOMP, KICK, & BACK TOUCH, HOLD

- 1-2      Step left across right, point right to right side  
&3&4      Quickly step right beside left, point left to left side, quickly step left beside right, point right to right side  
5-6&7-8      Stomp right beside left, kick right forward, quickly step right beside left, touch left toe back, hold

## FORWARD SHUFFLE, PIVOT ½ TURN, WALK FORWARD RIGHT, LEFT, RIGHT, BALL CHANGE

- 1&2-3-4      Shuffle forward stepping left, right, left, step right forward, pivot ½ turn left weight on left (12:00)  
5-6-7&8      Step right forward, step left forward, step right forward, step left to left side, step right in place

## ROCKING CHAIR, ¼ TURN ROCK FORWARD/BACK, COASTER STEP

- 1-2-3-4      Rock forward on left, rock back on right, rock back on left, rock forward on right  
5-6-7&8      Turn ¼ right rock forward on left, rock back on right, step back on left, step right beside left, step forward on left (3:00)

## ¾ PIVOT TURN, SIDE, KICK, BEHIND SIDE CROSS, SIDE, HOLD

- 1-2-3-4      Step right forward, pivot ¾ turn left weight on left, step right to right side, kick left to left diagonal (6:00)  
5&6-7-8      Step left behind right, step right to right side, step left across right, step right to right side, hold

## 2 SLOW SAILOR STEPS, BEHIND, ¼ TURN

- 1-2-3      Step left behind right, step right to right side, step left in place  
4-5-6      Step right behind left, step left to left side, step right in place  
7-8      Step left behind right, turn ¼ right step right forward (9:00)

## PIVOT ¾ TURN, SIDE, BEHIND, ¼ TURN FORWARD, FULL TURN, SCUFF

- 1-2-3-4      Step left forward, pivot ¾ turn right weight on right, step left to left side, step right behind left (6:00)  
5-6-7-8      Turn ¼ left step left forward, turn ½ left step right back, turn ½ left step left forward, scuff right beside left (3:00)

**REPEAT**