

Baby Run

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Teresa Lawrence (UK) & Vera Williams (UK)
音乐: Run - George Strait



ROCK REPLACE SIDE, ROCK ¼ TURN PIVOT ½ TURN, ½ TURN, ¼ TURN RONDE

- 1&2 Rock right behind left, replace weight on left, step right to right side (allowing left to slowly drag up to right)
- 3&4 Rock left behind right, replace weight on right, make ¼ turn left stepping forward left (allowing right to slide towards left)
- 5&6 Step right forward, pivot ½ left, step forward right
- 7&8 Step left forward, pivot ½ stepping forward on right, making ½ turn right stepping back left then continue into a sweep/ronde ¼ turn right (you should end facing 6:00)

ROCK REPLACE, FORWARD, ROCK REPLACE BACK, SIDE ROCK REPLACE CROSS, ROCK ¼ TURN

- 1&2 Rock back right, replace weight forward on left, step forward right
- 3&4 Rock forward left, replace weight back right, step back left
- 5&6 Rock right to right side, replace weight on left, cross right over left
- 7&8 Rock left to left side, making a ¼ turn right stepping forward right, step forward left

ROCK REPLACE SWEEP, ROCK REPLACE ¼ RONDE, ROCK REPLACE ½ RONDE ROCK REPLACE FORWARD

- 1&2 Rock forward right, replace weight back on left, sweep right out to right side
- 3&4 Rock back on right, replace weight forward on left, ronde ¼ turn left
- 5&6 Rock forward on right, replace weight back on left, make ½ turn right ronde
- 7&8 Rock back on right, replace weight forward left, rock forward right

On the rondes & sweeps, try keeping toes close to floor

ROCK REPLACE BACK, CROSS ¼ TURN, SWAY FORWARD, SWAY BACK, ROCK REPLACE SIDE

- 1&2 Rock forward on left, replace weight back on right, step back on left
- 3&4 Cross right over left, making ¼ turn right step back on left, step forward on right
- 5-6 Rock forward on left, step back on right (this is a swaying motion forward and back)
- 7&8 Rock back on left, replace weight on right, step left to left side

REPEAT