

Babushka

拍数: 44 墙数: 2 级数: Beginner
编舞者: Michelle Jackson (USA)
音乐: How Do You Like Me Now?! - Toby Keith



RIGHT AND LEFT DIAGONAL SHUFFLES

- 1&2 Step right diagonal to right corner, step left to right foot, step right diagonal to right corner
- 3&4 Step left diagonal to left corner, step right to left foot, step left diagonal to left corner
- 5&6 Step right diagonal to right corner, step left to right foot, step right diagonal to right corner
- 7&8 Step left diagonal to left corner, step right to left foot, step left diagonal to left corner

WALK FORWARD AND KICK, BACK AND TOUCH

- 1-2 Walk forward right, left
- 3-4 Walk right, kick left
- 5-6 Walk back left, right
- 7-8 Back left, touch right toe back
- 1-8 Repeat

RIGHT LINDY AND LEFT LINDY

- 1&2 Step right to right side, step left beside right, step right to right side
- 3-4 Left rock back on ball of foot behind right, recover weight to right
- 5&6 Step left to left side, step right beside left, step left to left side
- 7-8 Right rock back on ball of foot behind left, recover weight to left

RIGHT SHUFFLE WITH TOE, HEEL TOUCHES, LEFT SHUFFLE WITH TOE, HEEL TOUCHES

- 1&2 Step forward right, bring left to right, step forward right
- 3-4 Touch left toe forward, touch left toe back
- 5&6 Step forward left, bring right to left, step forward left
- 7-8 Touch right toe forward, touch right toe back

TWO ¼ LEFT PADDLE TURNS, STOMP, STOMP

- 1-2 Step forward on right, turn ¼ left on ball of left foot, step forward on right, turn ¼ left on ball of left foot
- 3-4 Stomp right, stomp left, taking weight

REPEAT
