

B-Leev-N

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Believe - Cher



LEFT SHUFFLE FORWARD, 2 RIGHT PUMPS, RIGHT SHUFFLE FORWARD, 2 LEFT PUMPS

1&2 Step left foot forward, step right foot beside left, step left foot forward
3-4 Push right heel diagonally back twice
5-8 Repeat steps 1-4 using opposite footwork

TOUCH RIGHT AND LEFT, BODY ROLL LEFT, STEP, HEEL, CROSS TURN HOOK

&9 Step left foot beside right foot, touch right foot to right side
&10 Step right foot beside left foot, touch left foot to left side
11-12 Roll body to left, beginning with shoulders, ending with weight on left, right knee bent
&13 Step back on right, touch left heel forward
14 Cross-step left foot over right
15 Pivot ½-turn to right, weight back on left
16 Hook right foot in front of left

STEP, TOGETHER, OUT/OUT, IN/IN, STEP, TOGETHER, OUT/OUT, IN/IN

17 Step right foot forward
18 Step left foot beside right
&19 Step right foot to right, left foot to left
&20 Step right foot back to home, step left foot beside right
21-24 Repeat steps 17-20

OUT/OUT, HOLD, HIP ROLL, STEP, CROSS, STEP, ¼-TURN RIGHT COASTER STEP

&25 Step right foot to right, left foot to left
26 Hold
27-28 Roll hips to the left, ending with weight on right
&29 Step left foot to center, cross-step right over left
30 Step left foot to left
31&32 Sweep right behind left into ¼-turn right, step left foot back, step right foot forward

REPEAT
