

# BJ Shuffle

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Sharon Brizon (UK) - 1998  
音乐: Blanket on the Ground - Billie Jo Spears



**Intro: 8 counts on the word "window"**

## **RIGHT SHUFFLE FORWARD, LEFT HIP BUMPS X 2**

1&2      Step forward on right foot. Step left foot beside right. Step forward on right.  
3&4      Bump hips left- right- left.  
5-8      REPEAT Counts 1-4

## **SHUFFLE BACKWARDS X 4 (RIGHT, LEFT, RIGHT, LEFT)**

9&10      Step back on right foot. Step left foot beside right. Step back on right.  
11&12      Step back on left foot. Step right foot beside left. Step back on left.  
13&14      Step back on right foot. Step left foot beside right. Step back on right.  
15&16      Step back on left foot. Step right foot beside left. Step back on left.

## **STEP, SLIDE, CHA CHA CHA (R & L)**

17-18      Step right to right side. Slide left next to right (weight on left).  
19&20      Step right - left - right (on the spot)  
21-22      Step left to left side. Slide right next to left (weight on right).  
23&24      Step left- right- left (on the spot)

## **SIDE SHUFFLES (R & L)/STEP, ¼ TURN, ROCK & TOUCH**

25&26      Step right to right side. Step left beside right. Step right to right side.  
27&28      Step left to left side. Step right beside left. Step left to left side.  
29-30      Make a 1/4 turn right, stepping right forward. Step left foot beside right.  
31&32      Rock right to right side. Recover weight onto left. Touch right beside left.

## **REPEAT**

**TAG - After the 4th wall only, when you are facing 12 o'clock, dance the following 8 counts:**

1 - 4      Walk forward right- left- right and kick left  
5 - 8      Walk backward left- right- left and touch right

**Then Restart the dance at the front wall.**

This dance was choreographed by me during a P&O cruise around the Canaries in Oct. 1998, as a request by the featured guest star, Billy-Jo Spears. She asked to be taught the dance, and danced it!

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