

B-Bop A Lula

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Chris Hodgson (UK)
音乐: Be Bop a Lula - Scooter Lee



RIGHT KICK BALL CHANGE, STEP ½ PIVOT, RIGHT KICK BALL CHANGE ¼ TURN

1&2 Kick right forward, step right beside left, step left beside right
3-4 Step forward right, pivot ½ turn left
5&6 Kick right forward, step right beside left, step left beside right
7-8 Step forward right, pivot ¼ turn left

WEAVE LEFT, LEFT ROCK, WEAVE RIGHT, ROCK ¼ TURN

1&2 Cross right behind left, step left to left side, cross right over left
3-4 Rock to left side on left, rock onto right in place
5&6 Cross left behind right, step right to right side, cross left over right
7-8 Rock to right side on right, rock onto left making ¼ turn left

2 X TOE STRUTS, 2 X SAILOR STEPS

1-2 Step right toe forward, drop right heel taking weight
3-4 Step left toe forward, drop left heel taking weight
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right, step right to right side, step left to left side

4 X PADDLE ¼ TURNS LEFT WITH HIPS

1-2 Step forward on right, pivot ¼ turn left
3-4 Step forward on right, pivot ¼ turn left
5-6 Step forward on right, pivot ¼ turn left
7-8 Step forward on right, pivot ¼ turn left

Use your hips on as you make turns

STEP KICK KICK, COASTER STEP, STEP ½ PIVOT, STEP

This section is danced on diagonal facing corners

1-3 Step right forward to left diagonal (corner), kick left forward twice
4&5 Step back left, step right beside left, step forward left
6-8 Step forward right, pivot ½ turn left, step forward right

STEP KICK KICK, COASTER STEP, STEP ½ TURN, ¼ TURN STEP

This section is danced on diagonal facing corners till final two steps

1-3 Step left forward to left diagonal (corner), kick right forward twice
4&5 Step back right, step left beside right, step forward right
6-7 Step forward left, pivot ½ turn right (straightening up to 12:00 wall)
8 Make further ¼ turn right and step left out to left side

REPEAT