

B T Shuffle (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: John Romano & Jan Pryor
音乐: Measure of a Man - Kevin Sharp



FORWARD SHUFFLES

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5&6 Repeat steps 1&2
7&8 Repeat steps 3&4

RIGHT & LEFT DOUBLE HIP BUMPS, CIRCLING HIP BUMPS

9-10 Bump hips right twice
11-12 Bump hips left twice
13-14 While making a circle to the right bump hips right, left
15-16 Repeat steps 13-14

MAN: FORWARD SHUFFLES, LADY: TURNING SHUFFLES, FORWARD SHUFFLES

Release left hands

17&18 **MAN:** Shuffle forward right, left, right
 LADY: Turn ½ turn to the right as you shuffle right, left, right
19&20 **MAN:** Shuffle forward left, right, left
 LADY: Turn ½ turn to the right as you shuffle left, right, left

Rejoin left hands

21&22 BOTH: Shuffle forward right, left right
23&24 BOTH: Shuffle forward left, right, left

KICK BALL CHANGE, TWICE, STEP PIVOT, SHUFFLE

25&26 Kick right foot forward, step right foot next to left, step left foot next to right
27&28 Repeat steps 25&26

Release right hands

29-30 Step right foot forward, turn ½ turn to the left (weight on left)

Couples are facing RLOD

31&32 Shuffle forward right, left, right

KICK BALL CHANGE, TWICE, STEP PIVOT, SHUFFLE

33&34 Kick left foot forward, step left foot next to right, step right foot next to left
35&36 Repeat steps 33&34
37-38 Step left foot forward, turn ½ turn to the right (weight on right)

Rejoin right hands (couples are facing LOD)

39&40 Shuffle forward left, right, left

TWO THREE STEP JAZZ BOXES, STOMPS

41-42 Cross right foot over left and step, step left foot back
43-44 Step right foot to right, cross left foot over right and step
45-46 Step right foot back, step left foot to left
47-48 Stomp right foot forward, stomp left foot next to right

MAN: TURNING SHUFFLES, FORWARD SHUFFLES, LADY: FORWARD SHUFFLES

Release right hands

49&50 **MAN:** Turn ½ turn to the left as you shuffle right, left, right
 LADY: Shuffle forward right, left, right

51&52 **MAN:** Turn ½ turn to the left as you shuffle left, right, left
 LADY: Shuffle forward left, right, left

Rejoin right hands

53&54 **BOTH:** Shuffle forward right, left, right

55&56 **BOTH:** Shuffle forward left, right, left

KICK BALL CHANGE, TWICE, MAN: WALK FORWARD, LADY: FULL TURN TO THE LEFT

57&58 Kick right foot forward, step right foot next to left, step left foot next to right

59&60 Repeat steps 57&58

61 **MAN:** Step right foot forward

LADY: Step right foot forward while turning ½ turn to the left

62 **MAN:** Step left foot forward

LADY: Step left foot back while turning ½ turn to the left

63-64 **BOTH:** Both walk forward right, left

REPEAT
