

B & B

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Grace Coleman (UK)
音乐: Perfect Love - Trisha Yearwood



SIDE SWITCHES, KICK BALL STEP, PIVOT TURN, SHUFFLE

1&2 Touch right toe out to right side, step right foot next to left, touch left out to left side
&3&4 Step left next to right, kick right foot forward, step in place on right, step forward on left
5-6 Step forward on right, on balls of both feet pivot ½ turn over left shoulder, weight on left
7&8 Step forward on right, step left next to right, step forward on right
9-16 Repeat 1-8 starting on left foot

KICK BALL TOUCH, HEEL, CROSS STEP, SIDE SHUFFLE, ROCK STEP

17&18 Kick right foot forward, step in place on right, touch left toe next to right foot
19-20 Touch left heel diagonal forward left, step left foot over right, weight on left
21&22 Step right foot to right side, step left next to right, step right foot to right side
23-24 Rock step left foot behind right, rock forward on right
25-32 Repeat 17-24 starting on left

SHUFFLE ½ TURN, ROCK STEP TWICE

33&34 Forward shuffle making ½ turn left on right left right
35-36 Rock back onto left foot, rock forward onto right
37&38 Forward shuffle making ½ turn right on left right left
39-40 Rock back onto right foot, rock forward onto left

SHUFFLE ¼ LEFT, ROCK STEP, LEFT FORWARD SHUFFLE, WALK RIGHT, LEFT

41&42 Step right foot to right side, step left next to right making ¼ left, step back on right
43-44 Rock back onto left foot, rock forward onto right
45&46 Step forward on left, step right next to left, step forward on left
47-48 Walk forward to paces right, left

REPEAT
