

Awful Beautiful (Life)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alan Birchall (UK)
音乐: Awful Beautiful Life - Darryl Worley



SIDE, BEHIND, SIDE, CROSS TOUCH, SIDE, CROSS TOUCH, SIDE, SAILOR STEP

1-2 Step left to left, cross right behind left
&3 Step left to left, cross touch right heel over left foot
&4 Step right by left, cross touch left heel over right foot
&5 Step left by right, cross right over left
6 Step left to left
7&8 Cross right behind left, step left to left, step right in place

¼ SAILOR TURN, STEP, ½ PIVOT, ½ TRIPLE TURN, ½ TURN, STEP

9&10 Cross left behind right making ¼ turn left, step right by left, step left in place (9:00)
11-12 Step forward on right, ½ pivot left (3:00)
13&14 Make ½ shuffle turn left stepping right, left, right (9:00)
15 Making ½ turn left stepping forward on left (3:00)
16 Step forward on right

½ PIVOT, DIAGONAL STEP, DOROTHY STEPS, ROCK, RECOVER, SIDE, CROSS

17 ½ pivot left (9:00)
18-19 Step forward to right diagonal (11:00), lock left behind right
&20 Make a small step forward to right diagonal, step left to left diagonal (7:00)
21 Lock right behind left
& Make a small step forward to left diagonal
22-23 Rock forward on right, recover on left - straightening up to face 9:00
&24 Step right to right, cross left over right

SIDE, BEHIND, ¼ TURN, STEP, ½ PIVOT, SHUFFLE, FULL TURN

&25 Step right to right, cross left behind right
26-27 Making ¼ turn right step forward on right, step forward on left (12:00)
28 ½ pivot right (6:00)
29&30 Step forward on right, step left by right, step forward on right
31-32 Making ½ turn left, step back on right, making ½ turn left step forward on left (6:00)

HEEL DIGS, BEHIND, SIDE, IN FRONT, HEEL DIGS, BEHIND, SIDE, TURN

33-34 Touch right heel forward twice
35&36 Cross right behind left, step left to left, cross right over left
37-38 Touch left heel forward twice
39&40 Cross left behind right, making ¼ turn right step forward on right, step forward on left (9:00)

TOUCH, TOUCH, BACK LOCK STEP, TOUCH, TOUCH, SIDE SHUFFLE

41-42 Touch right toe across left bumping hips left, touch right toe to right bumping hips right
43&44 Step back on right, lock left over right, step back on right
45-46 Touch left to left bumping hips left, cross touch left over right bumping hips right
47&48 Step left to left, step left by right, step left to left

ROCK, RECOVER, ¼ SIDE SHUFFLE, STEP, ½ PIVOT, SHUFFLE

49-50 Rock back on right, recover on left
51&52 Step right to right, left by right, step right to right making ¼ turn right (12:00)

53-54 Step forward on left, ½ pivot right (6:00)
55&56 Step forward on left, right by left, forward on left

FULL TURN, HEEL BALL CROSS, ROCK RECOVER, BEHIND, SIDE, IN FRONT

57-58 Making ½ turn left step back on right, making ½ turn left step forward on left
59&60 Touch right heel forward, step right by left, cross left over right
61-62 Rock right to right, recover on left
63&64 Cross right behind left, step left to left, cross right over left

REPEAT

TAG

After first & third walls (6:00) & fourth wall (12:00)

1-2 Cross left over right, step back on right
3-4 Step left to left, cross right over left

On the third wall add two extra counts:

5-6 Cross left over right, step back on right

On the fourth wall (facing the front) after the tag the music radically slows down. You need to slow the dance to fit. If you have done it correctly you will be on count &20 when the beat comes back in. Just carry on to the end of the song

TO FINISH THE DANCE

You will be facing the front wall and on counts 33-36 simply replace these with counts 59-64
