

Autumn Rose

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Knox Rhine (USA)
音乐: That's What I Get For Thinking - Autumn Rose Baker



WALK, WALK, KICK-BALL-STEP

- 1 Step forward with left foot
- 2 Step forward with right foot
- 3 Kick left foot forward
- & Step left toe/ball next to right foot
- 4 Step right foot forward

ROCK-STEP, BACK-BALL-CROSS

- 5 Rock forward onto left foot
- 6 Rock back onto right foot
- 7 Step back with left foot
- & Step back with right toe/ball
- 8 Step across in front of right leg with left foot

SIDE, BEHIND, SIDE-BALL-CROSS,

- 9 Step to right side with right foot
- 10 Step across behind right leg with left foot
- 11 Step to right side with right foot
- & Step back with left toe/ball
- 12 Step across in front of left leg with right foot

SIDE, BEHIND, SIDE-BALL-CROSS

- 13 Step to left side with left foot
- 14 Step across behind left leg with right foot
- 15 Step to left side with left foot
- & Step back with right toe/ball
- 16 Step across in front of right leg with left foot

CROSS, ½ TURN, CROSS, ½ TURN

- 17 Re-cross right leg over in front of left leg
- 18 Unwind ½ turn left on balls of both feet, weight ends on right foot
- 19 Cross left foot in front of right leg
- 20 Unwind ½ turn right on balls of both feet, weight ends on left foot

CROSS, ½ TURN, CROSS, ¾ TURN

- 21 Cross right foot in front of left leg
- 22 Unwind ½ turn left on balls of both feet, weight ends on right foot
- 23 Cross left foot in front of right leg
- 24 Unwind ¾ turn right on balls of both feet, weight ends on left foot

KICK, KICK, SAILOR STEP

- 25 Kick right foot forward
- 26 Kick right foot to right side
- 27 Step across behind left leg with right foot
- & Step to left side with left foot
- 28 Transfer weight back onto right foot

CROSS, KICK, CROSS, KICK

- 29 Step across in front of right leg with left foot
- 30 Kick right foot forward-right
- 31 Step across in front of left leg with right foot
- 32 Kick left foot forward-left

SHUFFLE, KICK-BALL-CHANGE,

- 33 Step forward with left foot
- & Step right foot next to left foot
- 34 Step forward with left foot
- 35 Kick right foot forward
- & Step right foot next to left foot
- 36 Step left foot next to right foot

SHUFFLE, PIVOT TURN

- 37 Step forward with right foot
- & Step left foot next to right foot
- 38 Step forward with right foot
- 39 Step forward with left toe/ball
- 40 Pivot ½ turn right on ball of right foot

KICK, KICK, SAILOR STEP

- 41 Kick left foot forward
- 42 Kick left foot to left side
- 43 Step across behind right leg with left foot
- & Step to right side with right foot
- 44 Transfer weight back onto left foot

CROSS, KICK, CROSS, KICK

- 45 Step across in front of left leg with right foot
- 46 Kick left foot forward-left
- 47 Step across in front of right leg with left foot
- 48 Kick right foot forward-right

SHUFFLE, KICK-BALL-CHANGE

- 49 Step forward with right foot
- & Step left foot next to right foot
- 50 Step forward with right foot
- 51 Kick left foot forward
- & Step left foot next to right foot
- 52 Step right foot next to left foot

SHUFFLE, PIVOT TURN

- 53 Step forward with left foot
- & Step right foot next to left foot
- 54 Step forward with left foot
- 55 Step forward with right toe/ball
- 56 Pivot ½ turn left on ball of left foot

POINT, CLAP, KNEE IN, KNEE IN

- 57 Point right toe to right side
- 58 Clap hands at chest level
- 59 Bent right knee inward
- & Straighten leg pout

60 Bent right knee inward
& Place right foot next to left foot

POINT, CLAP, KNEE IN, KNEE IN

61 Point left toe to left side
62 Clap hands at chest level
63 Bend left knee inward
& Straighten left leg
64 Bend left knee inward

REPEAT
