

Automatic High

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 1 级数: Intermediate/Advanced
编舞者: Wesley Cowie (UK)
音乐: Automatic High - S Club Juniors



POINT, CROSS BEHIND, UNWIND ½ TURN, POINT, CROSS BEHIND, UNWIND ½ TURN

1&2 Point right foot to right side, cross right foot behind left foot
3&4 Unwind ½ turn right, clap
5&6 Point left foot to left side, cross left foot behind right foot
7&8 Unwind ½ turn left, clap

RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK, STEP TO RIGHT SIDE

1&2 Step right foot to right side, close left foot beside right foot, step right foot to right side
3&4 Rock back on left foot, recover weight onto right foot
5&6 Step left foot to left side, close right foot beside left foot, step left foot to left side
7&8 Rock back on right foot, recover weight on left foot, step right foot to right side

FRONT SAILOR ¼ TURN LEFT, ½ TRIPLE TURN RIGHT, ROCK, BACK DIAGONAL CHASSE

1&2 Cross left foot over right, step right foot to right side, step left foot to left side with ¼ turn left
3&4 Step forward right foot (1/6), step left foot (1/6), step right foot(1/6), making ½ turn right altogether
5&6 Rock left foot across right foot, recover weight onto right foot
7&8 Step left foot diagonally back left, close right foot beside left foot, step left foot diagonally back left

ROCK BACK, FORWARD DIAGONAL CHASSE, ROCK FORWARD, ¾ TRIPLE TURN LEFT

1&2 Rock back right foot behind left foot, recover weight onto left foot
3&4 Step right foot diagonally forward right, close left foot beside right foot, step right foot diagonally forward right
5&6 Rock left foot across right foot, recover weight onto right foot
7&8 Triple step ¾ turn left, stepping &- left, right, left

ROCK FORWARD RIGHT, BACK RIGHT SHUFFLE, ROCK BACK LEFT, FORWARD LEFT SHUFFLE

1&2 Rock forward on right foot, recover weight onto left foot
3&4 Step back right foot, close left foot beside right foot, step back right foot
5&6 Rock back on left foot, recover weight onto right foot
7&8 Step forward left foot, close right foot beside left foot, step forward left foot

PIVOT ¾ TURN LEFT, RIGHT CHASSE, CROSSING SHUFFLE, ¾ TURN LEFT

1&2 Step forward right foot, pivot ¾ turn left
3&4 Step right foot to right side, close left foot beside right, step right foot to right side
5&6 Cross left foot over right foot, step right foot to right side, cross left foot over right
7 Turn ¼ left on ball of left foot, stepping back right foot
8 Turn ½ left on ball of right foot, stepping forward left

RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK FORWARD

1&2 Step right foot to right side, close left foot beside right foot, step right foot to right side
3&4 Rock back on left foot, recover weight onto right foot
5&6 Step left foot to left side, close right foot beside left foot, step left foot to left side
7&8 Rock forward on right foot, recover weight on left foot

RIGHT SHUFFLE ½ TURN, BACKWARD LEFT SHUFFLE ½ TURN, ROCK BACK, ROCK FORWARD

1&2 Right shuffle ½ turn right traveling backwards, stepping &- right, left, right

3&4 Left shuffle ½ turn right traveling backwards, stepping &- left, right, left

These shuffles are traveling towards back wall

5-6 Rock back on right foot, recover weight onto left foot

7&8 Rock forward on right foot, recover weight onto left foot

REPEAT

RESTART

On second repetition only, restart after section 6 (count 48)
