

Austin

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Dianne Joseph (AUS)
音乐: Put Your Heart Into It - Sherrié Austin



- 1 Step right to side
2&3 Step left behind right, step right to side, step left in front of right
4 Step right to side
5 Rock/step left to side
6&7 Step right behind left, step left to side, step right in front of left
8 Step left to side
- 9& Touch right heel 45 degrees forward, step right beside left
10& Touch left heel 45 degrees forward, step left beside right
11 Touch right heel 45 degrees forward
12 Hold & clap
&13& Step right beside left, touch left heel 45 degrees forward, step left beside right
14& Touch right heel 45 degrees forward, step right beside left
15 Touch left heel 45 degrees forward
16 Hold & clap
- &17-18 Step left beside right, step forward right, step forward left
19&20 Step forward right, step left beside right, kick right forward
21& Step right back, turn ½ turn left
22 Step forward left
23&24 Shuffle forward right-left-right
- 25 Step left to side swaying hips left
26& Rock onto right swaying hips right, turn ¼ turn left
27 Step left to side swaying hips left
28 Rock onto right swaying hips to right
29-30 Step forward left, step right behind left
31&32 Shuffle forward left-right-left
- 33-34 Step right to side, step left behind right
35&36 Step right across front of left, step left to left side, step right across front of left
37-38 Step left to side, rock onto right
&39-40 Turn ½ turn left (on right foot) & step left to side, hold
41-44 Bumps hips to right twice, bumps hips to left twice
45-48 Step forward right, step left beside right, step forward right, step left beside right
- For added challenge a full turn left can be executed during last four beats**

REPEAT