

Atlanta Reel

拍数: 64 墙数: 4 级数:
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音乐: Atlanta Reel - Michael Omartin



SCUFF, KICK, CHA-CHA

- 1-2 Scuff right foot forward, slap knee with right hand and kick foot forward at same time
3 & 4 Step down on right foot crossed in front of left and cha-cha
5-6 Scuff left foot forward, slap knee with left hand and kick foot forward at same time
7 & 8 Step down on left foot crossed in front of right and cha-cha

ROCK, RECOVER, CHA-CHA

- 9-10 Rock forward right foot, recover back left foot
11&12 Cha-cha back right-left-right
13-14 Rock back left foot, recover forward right foot
15&16 Cha-cha forward left-right-left

½ VINE, CHA-CHA

- 17-18 (½ vine)step right foot to right, step left foot behind right
19&20 (keeping legs crossed) cha-cha in place right-left-right
21-22 (½ vine) step left foot to left, step right foot behind left
23&24 (keeping legs crossed) cha-cha in place left-right-left.

STEP, DRAG, CHA-CHA, 1 ½ TURN

- 25-26 Step right foot forward, drag left foot up behind right
27&28 (keeping feet in position) cha-cha in place right-left-right
29-30 Step forward left foot, ½ turn to right stepping onto right foot
31-32 Step forward left foot adding ½ turn to right, step right foot forward adding another ½ turn right (completing 1 ½ turn to new wall)
33-34 Step forward left foot, drag right foot up behind left
35&36 (keeping feet in position) cha-cha in place left-right-left
37-38 Step forward right foot, ½ turn to left stepping onto left foot
39-40 Step forward right foot adding ½ turn to left, step left foot forward adding another ½ turn left (completing 1 ½ turn to original wall)

½ VINE, ¼ TURN, CHA-CHA

- 41-42 Step right foot to right, step behind with left foot and turn ¼ to right
43&44 Cha-cha in place

FULL TURN, ½ TURN, CHA-CHA

- 45-46 Step back left foot turning ½ to left, step back right foot adding

½ TURN TO LEFT

- 47&48 Cha-cha back completing another ½ turn to left

STEP, HEEL, CROSS-OVER, CROSS-OVER

- 49-50 Step slightly back to the right (on angle to the left) on right foot, present left heel forward
&51&52 Hop onto left foot and jump, crossing right foot in front of left (weight onto right), step ball of left foot, step ball of right foot (right foot still crossed over left)
53-53 Step slightly back to the left (on angle to right) on left foot, present right heel forward
&55&56 Hop onto right foot and jump, crossing left foot in front of right (weight on left), step ball of right foot, step ball of left foot (left foot still crossed over right)

STEP, KICK, STEP, KICK, STEP, KICK, COASTER STEP

- 57-58 Step back slightly to the right (on angle to the left) on the right foot, kick left foot forward (and clap)
- 59-60 Step back slightly to the left (on angle to the right) on the left foot, kick right foot forward (and clap)
- 61-62 Step back slightly to the right (on angle to the left) on the right foot, kick left foot forward (and clap)
- 63&64 (Coaster step) step back on left foot, step back ball of right foot, step forward left foot

REPEAT
