

# @ The Hop!

**COPPER KNOB**  
STEPPERS

拍数: 48      墙数: 4      级数: Improver  
编舞者: Carmel Hutchinson (USA)  
音乐: At the Hop - Danny & The Juniors



## **¼ LEFT, BEHIND, ¼ RIGHT, HOLD, ¼ RIGHT, BEHIND, ¼ LEFT, HOLD**

1-2      Step right forward into ¼ turn left, side step left behind right  
3-4      Side step right into ¼ turn right, hold  
5-6      Step left forward into ¼ turn right, side step right behind left  
7-8      Side step left into ¼ turn left, hold

## **FORWARD, ½ LEFT, FORWARD, HOLD, RUN, RUN, RUN, HOLD**

1-4      Step right forward, turn ½ turn left, step right forward, hold  
5-8      Run step left forward, run step right forward, run step left forward, hold

## **¼ LEFT, BEHIND, ¼ RIGHT, HOLD, ¼ RIGHT, BEHIND, ¼ LEFT, HOLD**

1-2      Step right forward into ¼ turn left, side step left behind right  
3-4      Side step right into ¼ turn right, hold  
5-6      Step left forward into ¼ turn right, side step right behind left  
7-8      Side step left into ¼ turn left, hold

## **FORWARD, ½ LEFT, FORWARD, HOLD, RUN, RUN, RUN, HOLD**

1-4      Step right forward, turn ½ turn left, step right forward, hold  
5-8      Run step left forward, run step right forward, run step left forward, hold

## **FORWARD, HOLD, ½ RIGHT, HOLD, ½ RIGHT, HOLD, ¼ RIGHT, HOLD**

1-4      Step right forward, hold, step left forward into ½ turn right, hold  
5-8      Step right back into ½ turn right, hold, step left forward into ¼ turn right, hold (weight. Left)

## **FORWARD RIGHT & LEFT TOE-HEEL STRUTS**

1-4      Touch right toe forward, drop right heel, touch left toe forward, drop left heel  
4-8      Touch right toe forward, drop right heel, touch left toe forward, drop left heel

**REPEAT**

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