

Ashes By Now

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Ashes By Now - Lee Ann Womack



CROSS ROCK, SIDE CHASSE (¼-LEFT), MODIFIED JAZZ BOX INTO A SIDE CHASSE

1-2 Cross-rock left over right, rock weight back onto right
3&4 Step left to left side, step right beside left, step left to left side with ¼ turn left
5-6 Cross-step right over left, step back on left
7&8 Step right to right side, step left beside right, step right to right side

FRONT SAILOR STEPS TWICE, CROSS ROCK, WALKS (¼-LEFT)

During the next 4 counts, travel forward slightly

1&2 Cross-step left over right, step right to right side, step left in place
3&4 Cross-step right over left, step left to left side, step right in place
5-6 Cross-rock left over right, rock weight back onto right
7-8 Turn ¼ turn left stepping forward on left, walk forward on right

BIG SLIDE, HIP BUMPS, KICK BALL CROSS TWICE

1-2 Step left large step to left side, slide right beside left
3&4 Bump hips: left, right, left
During the next 4 counts, travel to your right side slightly
5&6 Low kick right foot forward, step right beside left, cross-step left over right
7&8 Low kick right foot forward, step right beside left, cross-step left over right

BIG SLIDE, HIP BUMPS, WALKS OR ROLL (¼-LEFT)

1-2 Step right large step to right side, slide left beside right
3&4 Bump hips: right, left, right
5 Turn ¼ turn left stepping forward onto left
6-8 Walk forward: right, left, right

Option: during counts 5-8, complete an extra full turn over left shoulder

ROCK STEP, BACK-LOCK-BACK, STOMP (½-RIGHT), HOLD, BACK-LOCK-BACK

1-2 Rock forward onto left, rock weight back onto right
3&4 Step back on left, cross-step right over left, step back on left
5 On ball of left, pivot ½ turn over right shoulder up-stomping right forward (weight on left)
6 Hold for (1) count (weight still on left)
7&8 Step back on right, cross-step left over right, step back on right

TOUCH PIVOT (¼-LEFT), BACK-LOCK-BACK, TOUCH PIVOT (½-RIGHT), TRIPLE STEP (½-RIGHT)

1 Touch left toe back
2 On ball of right, pivot ¼ turn over left shoulder (weight on right)
3&4 Step back on left, cross-step right over left, step back on left
5 Touch right toe back
6 On ball of left, pivot ½ turn over right shoulder (weight on left)
7&8 Triple step on the spot completing ½ turn over right shoulder stepping: right, left, right

REPEAT