

Ashes (P)

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 0 级数: Partner
编舞者: Sue Halliday (USA)
音乐: Ashes By Now - Lee Ann Womack



Position: Facing LOD, Double Hand Position, Man facing OLOD

HIP SWAYS, ¼ TURN, WALK, TOUCH

- 1 **MAN:** Stands still
 LADY: Sway hips to the right as you bend knees
- 2 **MAN:** Stands still
 LADY: Sway hips to the left as you bend knees
- 3 **MAN:** Stands still
 LADY: Sway hips to the right as you straighten knees
- 4 **MAN:** Stands still (weight on right foot)
 LADY: Sway hips to the left as you straighten knees

Release lady's right hand, man's left

- 5-6 **MAN:** Turn ¼ turn to the left as you step left foot forward, step right foot forward
 LADY: Turn ¼ turn to the right as you step right foot forward, step left foot forward
- 7-8 **MAN:** Step left foot forward, touch right foot next to left
 LADY: Step right foot forward, touch left foot next to right

JAZZ BOX WITH ROCK STEP, SHUFFLES

- 9-10 **MAN:** Cross right foot over left, step left foot back
 LADY: Cross left foot over right, step right foot back
- 11&12 **MAN:** Step right foot to right, rock back on left foot, replace on right foot
 LADY: Step left foot to left, rock back on right foot, replace on left foot
- 13&14 Man: shuffle forward left-right-left
 Lady: shuffle forward right-left-right
- 15&16 Man: shuffle forward right-left-right
 Lady: shuffle forward left-right-left

JAZZ BOX WITH ROCK STEP, SHUFFLES

- 17-18 **MAN:** Cross left foot over right, step right foot back
 LADY: Cross right foot over left, step left foot back
- 19&20 **MAN:** Step left foot to left, rock back on right foot, replace on left foot
 LADY: Step right foot to right, rock back on left foot, replace on right foot
- 21&22 Man: shuffle forward right-left-right
 Lady: shuffle forward left-right-left
- 23&24 Man: shuffle forward left-right-left
 Lady: shuffle forward right-left-right

½ TURN SHUFFLE, FORWARD SHUFFLE, ¼ TURN, TOUCH, ½ TURN, STEP

Release lady's left hand, man's right

- 25&26 **MAN:** Turn ½ turn to the left as you shuffle right-left-right
 LADY: Turn ½ turn to the right as you shuffle left-right-left

Rejoin lady's right hand, man's left (couples facing RLOD)

- 27&28 Man: shuffle forward left-right-left
 Lady: shuffle forward right-left-right
- 29-30 **MAN:** Turn ¼ turn to the right as you step right foot forward, touch left foot next to right
 LADY: Turn ¼ turn to the left as you step left foot forward, touch right foot next to left

31-32

MAN: Step left foot back as you turn $\frac{1}{2}$ turn to the left, step right foot next to left

LADY: Step right foot back as you turn $\frac{1}{2}$ turn to the right, step left foot next to right

Rejoin lady's left hands, man's right

REPEAT
