

Arriba

拍数: 32 墙数: 0 级数:
编舞者: Gerard Murphy (CAN)
音乐: Arriba (Six Million Dollar Remix) - Joée



KICK & KICK, & WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD & BACK

1&2 Kick right across left, & kick left across right
&3-4& Walk forward right, left
5&6 Shuffle forward right, left, right
7-8 Rock forward on left, back on right

SHUFFLE BACKWARD, ¼ TURN KICK, & KICK, & KICK, & CROSS & BOUNCE

1&2 Shuffle backward left, right, left
3-4 Step ¼ turn right stepping onto right, kick left across right
&5&6& Kick right across left, & kick left across right
&7&8 Step left in place, cross step right over left (weight now on both feet), bounce heels up & down

BALL CROSS, HOLD, BALL CROSS, STEP LEFT, ROCK BACK & FORWARD, STEP FORWARD ½ TURN PIVOT

&1-2 Step right ball right, cross step left over right, hold
&3-4 Step left ball left, cross step right over left, step left to left
5-6 Rock back on right, rock forward on left
7-8 Step right forward, ½ turn pivot left

ROCK FORWARD & BACK, COASTER BACK, STEP FORWARD ½ TURN PIVOT, SHUFFLE FORWARD

1-2 Rock forward on right, rock back on left
3&4 Coaster back - right, left, right
5-6 Step left forward, ½ turn pivot right
7&8 Shuffle forward left, right, left

REPEAT

Introductory steps to use with the song "Arriba (Six Million Dollar Remix)" (64 count introduction)

MERINGUE STEPS RIGHT, ROCK STEP FORWARD & BACK, ROCK STEP BACK & FORWARD, JAZZ BOX ¼ TURN RIGHT

1-8 Step to right - right, left, right, left, right, left, right, left
9-12 Rock step forward on right; back onto left; rock step back on right; forward onto left
13-16 Cross right over left; step left back; step right ¼ turn right; step left next to right

STEP-TOUCHES MOVING FORWARD, ROCK STEP FORWARD & BACK, ROCK STEP BACK & FORWARD, JAZZ BOX ¼ TURN RIGHT

17-24 Step right forward, touch left next to right (repeat 3 more times alternating feet..)
25-28 Rock step forward on right; back onto left; rock step back on right; forward onto left
29-32 Cross right over left; step left back; step right ¼ turn right; step left next to right

Complete 1-32 one more time. You should come back to your original position. Then start the dance!