

Around The Bend

拍数: 52 墙数: 4 级数: Improver
编舞者: Kjell Magnusson (SWE)
音乐: Up Around the Bend - Creedence Clearwater Revival



SHUFFLE RIGHT, ROCK BACK, SHUFFLE LEFT, ROCK BACK

1&2 Step right to right side, close left next to right, step right to right side
3-4 Rock back on left, recover
5&6 Step left to left side, close right next to left, step left to left side
7-8 Rock back on right, recover

TOUCH, KICK, SAILOR STEP, CROSS-UNWIND ½ LEFT, CROSS ROCK

9-10 Touch right toe next to left, kick right forward to the right diagonal
11&12 Step right behind left, step left to left side, step right to right side
13-14 Cross left behind right, unwind ½ turn left (weight on left after turn)
15-16 Cross rock right in front of left, recover

SHUFFLE RIGHT, ROCK BACK, SHUFFLE LEFT, ROCK BACK

17&18 Step right to right side, close left next to right, step right to right side
19-20 Rock back on left, recover
21&22 Step left to left side, close right next to left, step left to left side
23-24 Rock back on right, recover

TOUCH, KICK, SAILOR STEP, CROSS-UNWIND ½ LEFT, CROSS ROCK

25-26 Touch right toe next to left, kick right forward to the right diagonal
27&28 Step right behind left, step left to left side, step right to right side
29-30 Cross left behind right, unwind ½ turn left (weight on left after turn)
31-32 Cross rock right in front of left, recover

SIDE, TOGETHER, SHUFFLE RIGHT, CROSS ROCK, FULL TURN LEFT

33-34 Step right to right side, close left next to right
35&36 Step right to right side, close left next to right, step right to right side
37-38 Cross rock left in front of right, recover
39-40 Turn ¼ left and step left forward, turn ½ left and step right back

SIDE, TOGETHER, SHUFFLE ¼ LEFT, ROCK FORWARD, SHUFFLE TURN ½ RIGHT

41-42 Turn ¼ left (finishing full turn) and step left to left side, close right next to left
43&44 Step left to left side, close right next to left, turn ¼ left and step forward left
45-46 Rock forward on right, recover
47&48 Turn ¼ right and step right to right side, close left next to right, turn ¼ right and step forward on right

FULL TURN RIGHT, STEP FORWARD, TOUCH

49-50 Turn ½ right and step back on left, turn ½ right and step forward on right
51-52 Step forward on left, touch right next to left

REPEAT