

# The Arms Of Love

拍数: 68      墙数: 2      级数:  
编舞者: Jan Wyllie (AUS)  
音乐: Safe In the Arms of Love - Martina McBride



- 1-4            Step left to left, step right beside left, rock/step forward on left, rock back on right  
5&6           Step back on left, step right beside left, step forward on left (coaster step)  
7-8            Stomp forward on right, make  $\frac{1}{4}$  turn left keeping weight on right
- 9&10           Step back on left, step right beside left, step forward on left (coaster step)  
11-12          Stomp forward on right, make  $\frac{1}{4}$  turn left keeping weight on right  
13&14          Step back on left, step right beside left, step forward on left (coaster step)  
15-16          Step forward on right, make  $\frac{1}{4}$  turn left transferring weight to left
- 17-18          Rock/step forward on right, rock back on left  
19-20          Making  $\frac{1}{2}$  turn right back over right shoulder step forward on right toe, drop right heel  
21-22          Rock/step left to left, rock weight to right  
23-24          Touch left toe across behind right, unwind  $\frac{1}{2}$  turn left transferring weight to left
- 25&26          Cross shuffle to the left right, left, right  
27-28          Rock/step left to left, rock weight to right  
29&30          Cross shuffle to the right left, right, left  
31-32          Making  $\frac{1}{4}$  turn left step back on right toe, drop right heel (toe strut)
- 33-34          Rock/step left to left, rock weight to right  
35&36          Moving back execute a left sailor step  
37&38          Moving back execute a right sailor step  
39&40          Moving back execute a left sailor step
- 41-44          Step right behind left, making  $\frac{1}{4}$  turn left step forward on left, rock forward on right, rock back on left  
45-46          Making  $\frac{1}{2}$  turn right step forward on right toe, drop right heel ( $\frac{1}{2}$  turn toe strut)  
47-48          Making a further  $\frac{1}{2}$  turn right step back on left toe, drop left heel ( $\frac{1}{2}$  turn toe strut)
- 49-50          Making a further  $\frac{1}{4}$  turn right rock/step right to right, rock weight to left  
51&52          Step right behind left, step left to left side, step right across in front of left  
53-54          Rock/step left to left, rock weight to right  
&                Step left beside right  
55-56          Rock back on right, step forward on left
- 57&58-59&60   Shuffle forward right, left, right, making  $\frac{1}{2}$  turn right shuffle back left, right, left  
61-64          Step right back to right diagonal, touch left beside right, step left back to left diagonal, touch right beside left
- &65            Step right to right, touch left beside right  
&66            Step left to left, touch right beside left  
&67-68          Step right to right, touch left beside right, hold

**REPEAT**