

Arkansas Stomp

COPPER KNOB
STEPMATS

拍数: 32 墙数: 4 级数: Improver two step
编舞者: Nancy Morgan (USA)
音乐: If I Were A Carpenter - Dolly Parton



TOE SPREAD, HEEL CROSS, HEEL, TOUCH BACK, KICK TWICE

1-2 Lift right toes and move to right side and back
3-4-5-6 Tap right heel forward, cross right over left, tap right heel forward, touch right toe back
7-8 Kick right foot forward two times

WALK BACK 3 STEPS, TOUCH BACK, STEP ¼ TURN, TOUCH, SIDE STEP, TOUCH

1-2-3-4 Walk back - right, left, right, touch left toes next to right instep
5-6 Step left foot forward ¼ turn to left, touch right toes next to left instep
7-8 Step right foot to right side, touch left toes next to right instep

STEP ¼ TURN, TOUCH, STEP-LOCK-STEP, STOMP HEEL FORWARD, STEP BACK, TOUCH BACK

1-2 Step left foot forward ¼ turn to left, touch right toes next to left instep
3-4-5 Step forward on right, lock left behind right, step forward on right
6 Tap left heel next to right
7-8 Step back on left, touch right toes back

STEP, ½ TURN, STEP, ¼ TURN, STEP, HITCH, STEP BACK, STOMP

1-2 Step forward on right, turn ½ turn to left (weight is on left)
3-4 Step forward on right, turn ¼ turn to left (weight is on left)
5-6 Step forward on right, bring left knee up as you hop on right (hitch)
7-8 Step back on left, stomp right next to left

REPEAT
