

Arizona (2 Speed)

COPPER **NOB**
BY STEPHEN B. B. B.

拍数: 32 墙数: 4 级数: Improver
编舞者: Michel Cabana (CAN)
音乐: There Is No Arizona - Jamie O'Neal



ROCK SIDE, ROCK BACK, MILITARY TURN, FORWARD LOCK

- 1-2 Rock to the right side on the right foot, recover weight on the left foot
- 3-4 Rock back on the right foot, recover weight on the left foot
- 5-6 Step forward on the right foot, pivot $\frac{1}{2}$ turn left (weight ending on left foot)
- 7&8 Step forward on the right foot, bring left foot across behind right foot, step forward on the right foot

CROSS, BEHIND, TOGETHER, CROSS, BEHIND TOGETHER, CROSS, COASTER STEP, STEP

- 1-2&3 Cross left foot across right foot (angling your body to the right), step right foot back (body forward), bring left foot beside right foot, cross right foot across left foot (angling your body to the left)
- 4&5 Step left foot back (body forward), bring right foot beside left foot, cross left foot across right foot (angling your body to the right)
- 6&7-8 Step back on the right foot (body forward), bring left beside right, step forward on the left foot, step forward on the left foot

TOUCH, SWEEP $\frac{1}{2}$ TURN, FORWARD LOCK, ROCK FORWARD, BACK, LOCK

- 1-2 Touch right toe forward, pivoting $\frac{1}{2}$ turn right; sweep your right toe around to the right ending with a small hook across left knee
- 3&4 Step forward on the right foot, bring left across behind right foot, step forward on the right foot
- 5-6 Rock forward on the left foot, recover weight on right foot
- 7&8 Step back on the left foot, lock right foot across left foot, step back on the left foot

$\frac{1}{4}$ STEP, CROSS, SIDE, TOGETHER, CROSS, $\frac{1}{4}$ STEP, $\frac{1}{4}$ COASTER STEP, CROSS

- 1-2 Making $\frac{1}{4}$ turn right; step right to the right side, cross left foot across right foot
- 3&4 Step right foot to the right side, bring left foot beside right foot, cross right foot across left foot
- 5-6&7 Pivoting $\frac{1}{4}$ turn right; step back on the right foot, bring left foot beside right foot, step forward on the right foot
- 8 Cross left foot across right foot

REPEAT

RESTART

When dancing to "There Is No Arizona", after the 5th repetition of the dance do only the first 24 counts of the dance and start over again

FINISH

When dancing to "There Is No Arizona", you can do the following at the end of the song. You will be facing front wall.

ROCK SIDE, ROCK BACK, ROCK FORWARD, CROSS, UNWIND

- 1-2 Rock to the right side on the right foot, recover weight on the left foot
- 3-4 Rock back on the right foot, recover weight on the left foot
- 5-6 Rock forward on the right foot, recover weight on the left foot
- 7-11 Cross right toe behind left foot, unwind slowly for about 4 counts...

TAG

When dancing to "No More Protecting My Heart", do the following 8 counts after the 4th repetition (you will be facing front wall)

SIDE, TOGETHER, CROSS ROCK, STEP, CROSS ROCK, STEP

- 1-2 Step right foot to the right side, bring left foot together
 - 3-4 Rock across left foot on the right foot, recover weight on left foot
 - 5-6 Step right foot to the side, rock across left foot on the left foot
 - 7-8 Recover weight on the right foot, step left foot beside right foot
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