

Argentine Cha-Cha (P)

COPPERKNOB
BY STEPHEN

拍数: 40 墙数: 0 级数: Partner
编舞者: Unknown
音乐: Lovers Live Longer - The Bellamy Brothers



Position: The couple starts in the closed dance position with the man facing out. The couple dances in mirror image.

SIDE STEPS TOWARD LOD, SIDE STEPS OPPOSITE LOD

- 1 **MAN:** Step left side left
 LADY: Step right side right
- 2 **MAN:** Step right together
 LADY: Step left together
- 3-4 **MAN:** Repeat steps 1-2
 LADY: Repeat steps 1-2
- 5 **MAN:** Step right side right
 LADY: Step left side left
- 6 **MAN:** Step left together
 LADY: Step right together
- 7-8 **MAN:** Repeat steps 5-6
 LADY: Repeat steps 5-6

FORWARD/BACKWARD CHA-CHA BASIC

- 9 **MAN:** Step left forward
 LADY: Step right back
- 10 **MAN:** Step right in place
 LADY: Step left in place
- 11 **MAN:** Step left back
 LADY: Step right forward
- & **MAN:** Step right in place
 LADY: Step left in place
- 12 **MAN:** Step left in place
 LADY: Step right in place
- 13 **MAN:** Step back right
 LADY: Step left forward
- 14 **MAN:** Step left in place
 LADY: Step right in place
- 15 **MAN:** Step right forward
 LADY: Step left back
- & **MAN:** Step left in place
 LADY: Step right in place
- 16 **MAN:** Step right in place
 LADY: Step left in place

SIDE-TO-SIDE (OPPOSITE/TOWARD LOD) CHA-CHA'S BASIC

- 17 **MAN:** Step left forward crossing right making $\frac{1}{4}$ turn right
 LADY: Step right forward crossing left making $\frac{1}{4}$ turn left
- 18 **MAN:** Step right in place
 LADY: Step left in place
- 19 **MAN:** Step left back crossing right making $\frac{1}{4}$ turn left
 LADY: Step right back crossing left making $\frac{1}{4}$ turn right

& **MAN:** Step right in place
 LADY: Step left in place
20 **MAN:** Step left in place
 LADY: Step right in place
21 **MAN:** Step right forward crossing left making ¼ turn left
 LADY: Step left forward crossing right making ¼ turn right
22 **MAN:** Step left in place
 LADY: Step right in place
23 **MAN:** Step right back crossing left making ¼ turn right
 LADY: Step left back crossing right making ¼ turn left
& **MAN:** Step left in place
 LADY: Step right in place
24 **MAN:** Step right in place
 LADY: Step left in place

THREE STEPS OPPOSITE LOD/KICK, THREE STEPS BACK/POINT

25 **MAN:** Step left forward crossing right making ¼ turn right
 LADY: Step right forward crossing left making ¼ turn left
26 **MAN:** Step right forward
 LADY: Step left forward
27 **MAN:** Step left forward
 LADY: Step right forward
28 **MAN:** Kick right forward
 LADY: Kick left forward
29 **MAN:** Step right back
 LADY: Step left back
30 **MAN:** Step left back
 LADY: Step right back
31 **MAN:** Step right back
 LADY: Step left back
32 **MAN:** Point left back
 LADY: Point right back

SHUFFLE STEPS & TURN

33 **MAN:** Step left forward
 LADY: Step right forward
& **MAN:** Slide right toe even with left heel
 LADY: Slide left toe even with right heel
34 **MAN:** Slide left foot forward
 LADY: Slide right foot forward
35 **MAN:** Step right forward
 LADY: Step left forward
& **MAN:** Slide left toe even with right heel
 LADY: Slide right toe even with left heel
36 **MAN:** Slide right foot forward
 LADY: Slide left foot forward
37-40 **MAN:** Repeat steps 33-36 while raising left arm & pulling back spinning the lady to her right.
 Continue shuffling forward. Turn left ¼ turn to face new partner on the last shuffle step.
 LADY: Make a 4-count rolling turn to the right and start sequence again with new partner.

REPEAT
