

Are You?

拍数: 32 墙数: 0 级数:
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音乐: Tu es foutu - In-Grid



TOE TOUCHES WITH $\frac{1}{4}$ TURN LEFT & FLICK, CROSS & STEP SIDE LEFT, CROSS SHUFFLE

1-2 Touch right toe forward, touch right toe back
3-4 $\frac{1}{4}$ turn left on left foot & touch right toe to right side, flick right foot back & to right diagonal
5-6 Cross step right over left, step left to left side
7&8 Cross step right over left, step left to left side, step right over left

$\frac{1}{4}$ TURN RIGHT STEP BACK, $\frac{1}{4}$ RIGHT STEP TO RIGHT SIDE, SYNCOPATED JAZZ BOX, CROSS STEP, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{2}$ TRIPLE TURN RIGHT

9-10 $\frac{1}{4}$ turn right stepping back on left, $\frac{1}{4}$ right stepping right to right side
11&12 Cross left over right, step back on right, step back on left
13-14 Cross step right over left, $\frac{1}{4}$ turn right stepping back on left
15&16 $\frac{1}{2}$ turn right as you triple step (right, left, right)

$\frac{3}{4}$ TRIPLE TURN LEFT, STEP TOUCH, ROCK/RECOVER, $\frac{1}{2}$ TRIPLE TURN LEFT

17&18 $\frac{3}{4}$ turn left as you triple step (left, right, left)
19-20 Step forward on right, touch left next to right
21-22 Rock forward on left, rock back on right
23&24 $\frac{1}{2}$ turn left as you triple step (left, right, left)

STEP, $\frac{1}{2}$ TURN RIGHT, $\frac{1}{2}$ TRIPLE TURN RIGHT, STEP, $\frac{1}{2}$ TURN LEFT, $\frac{1}{2}$ TRIPLE TURN LEFT

25-26 Step forward on right, $\frac{1}{2}$ turn right stepping back on left
27&28 $\frac{1}{2}$ triple turn right as you triple step (right, left, right)
29-30 Step forward on left, $\frac{1}{2}$ turn left stepping back on right
31&32 $\frac{1}{2}$ turn left as you triple step (left, right, left)

REPEAT
