

# Are You Ready?

**COPPER** KNOB  
BY STEPHENETS

拍数: 80                      墙数: 2                      级数: Intermediate  
编舞者: Jacquie Berkhout  
音乐: Blueboy - John Fogerty



**Start facing 1/4 turn to right with right foot in front of left**

## **HEEL TAPS, ¼ TURN LEFT, WALK FORWARD, SAILOR SHUFFLES, KICK BALL CHANGE, STEP TURN ¾**

1-4                      Four heel taps on the spot turning slowly ¼ left (optional air punches)  
5-8                      Walk/stride forward right-left-right-left

## **RIGHT & LEFT SAILOR SHUFFLES, KICK BALL CHANGE, STEP TURN ¾**

1&2                      Step right behind left, left to left side, replace right  
3&4                      Step left behind right, right to right side, replace left  
5&6                      Kick right across left, step right beside left, step left beside right  
7-8                      Step right forward, making ¾ turn to left taking weight on left

## **SIDE SHUFFLE, STEP BACK, RETURN, HEEL BALL CROSS, HEEL BALL CROSS**

1&2                      Step right to right side, step left beside right, step right to right side  
3-4                      Step left behind right (angle body to left diagonal), step forward on right  
5&6                      Traveling left (still with body on diagonal) touch left heel at 45 degrees, step left next to right, step right over left  
7&8                      Repeat counts 5&6

## **STOMP, HOLD, SWIVEL LEFT, HOLD, SWIVEL RIGHT, HOLD, SWIVEL LEFT-RIGHT, SHIMMY**

1-4                      Stomp left to left, hold, swivel both heels left, hold  
5-6                      Swivel both heels right-left  
7&8                      Shimmy shoulders on the beat right-left-right (styling note: turn body 45 degrees left & right when swiveling. You should now be facing a corner for the next 32 counts of the dance)

## **SHUFFLE ON DIAGONAL LEFT, STEP HALF TURN LEFT, STEP HALF TURN LEFT, SHUFFLE ROCK FORWARD AND RECOVER**

1&2                      Shuffle forward right-left-right  
3-4                      Step forward on left making ½ turn left, step back on right making a ½ turn left  
5&6                      Shuffle forward left-right-left  
7-8                      Rock/step forward on right, rock/step back on left

## **SHUFFLE BACKWARDS ON DIAGONAL RIGHT, ½ TURN, FULL TURN SHUFFLE, KICK BALL CHANGE**

1&2                      Shuffle back right-left-right  
3-4                      Making ½ turn left step forward left, making ½ turn left, step back right  
5&6                      Making ½ turn left step forward left-right-left  
7&8                      Kick right forward, step right beside left, step left beside right

## **KICK, KICK, STEP, STEP, SCUFF, SHUFFLE, SCUFF STEP**

1-2                      Kick right foot forward, kick right foot forward  
&3-4                      Step right beside left, step left beside right, scuff right forward  
5&6                      Shuffle right-left-right  
7-8                      Scuff left, stomp left forward

## **STOMP BALL CHANGE, STOMP BALL CHANGE, SHUFFLE, SHUFFLE**

1-2                      Stomp right forward, step left beside right

- &3-4 Step left back, step forward right, step left beside right  
5&6 Shuffle forward right-left-right (angle body slightly right with right hand lasso)  
7&8 Shuffle forward left-right-left (angle body slightly left with left hand lasso)

**STEP, SCUFF/TURN, STEP, SCUFF/TURN, FOOT SWIVELS FORWARD RIGHT-LEFT-RIGHT-LEFT**

- 1-4 Step forward right, scuff left forward in an arc making  $\frac{1}{2}$  turn left, step forward left, scuff right forward in an arc making  $\frac{1}{4}$  turn left  
5-8 Step right forward 45 degrees, step left forward 45 degrees (these should be done as a swivel on the balls of both feet), repeat

**ROCK RIGHT,  $\frac{1}{4}$  LEFT, FULL TURN TRIPLE STEP, SHUFFLE KICK BALL CHANGE**

- 1-2 Rock/step right to right, making  $\frac{1}{4}$  turn left replace weight on left  
3&4 Making a full turn left step right-left-right  
5&6 Shuffle forward left-right-left  
7&8 Kick right forward, step right beside left, step left beside right

**REPEAT**

**TAG**

On the third wall, dance only counts 1-64, then restart.

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