

# Are You Ready To Rumba? (P)

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Partner dance  
编舞者: Larry Carriger (USA) & Jody Carriger (USA)  
音乐: Mama Likes To Reggae - The Bellamy Brothers



Position: Closed Position

## CUBAN ROCKS

- 1-4      **MAN:** Step forward left, hold, step forward right, step back left  
          **LADY:** Step back right, hold, step back left, step forward right
- 5-8      **MAN:** Step back right, hold, step back left, step forward right  
          **LADY:** Step forward left, hold, step forward right, step back left

## LADY TURNS; PARALLEL CROSSES

- 9-12      **MAN:** Step left, hold, step right behind left, step left in place (man drops his right hand, lady drops her left)  
          **LADY:** Step right, hold, (turning under raised hands, man's left, lady's right) step left turning  $\frac{1}{2}$  right, step right, turning  $\frac{1}{2}$  right (facing each other, palm to palm)
- 13-16      **MAN:** Step right, hold, (turning  $\frac{1}{8}$  right) step left over right, step back right  
          **LADY:** Step left, hold, (turning  $\frac{1}{8}$  right) step right behind left, step forward left

## PARALLEL CROSSES; OPEN UP SIDE BREAK

- 17-20      **MAN:** Step left, hold, (turning  $\frac{1}{8}$  left) step right over left, step back left  
          **LADY:** Step right, hold, (turning  $\frac{1}{8}$  left) step left behind right, step forward right
- 21-24      **MAN:** (Turning  $\frac{1}{8}$  right) step right, hold, (drop lady's left hand) (turning  $\frac{1}{4}$  right) step left over right, step back on right  
          **LADY:** (Turning  $\frac{1}{8}$  right) step left, hold, (drop man's right hand) (turning  $\frac{1}{4}$  left) step right over left, step back on left

## LADY TURNS; 5TH POSITION BREAKS

- 25-28      **MAN:** (Turning  $\frac{1}{4}$  left) step left, hold, step right behind left, step left in place  
          **LADY:** (Turning  $\frac{1}{4}$  right) step right, hold, step left (turning  $\frac{1}{2}$  right under lady's right arm) step right (turning  $\frac{1}{2}$  right under raised arms)  
          **BOTH:** (Dropping man's left, lady's right; man put right arm around lady's back; lady puts left arm around man's back)
- 29-32      **MAN:** Step right, hold, (turning  $\frac{1}{4}$  left) step back left, step forward right  
          **LADY:** Step left, hold, (turning  $\frac{1}{4}$  right) step back right, step forward left

## 5TH POSITION BREAKS

- 33-36      **MAN:** (Turning  $\frac{1}{4}$  right) step left, hold, (turning  $\frac{1}{4}$  right) step back right, step forward left (dropping man's right arm, put left arm around lady's back)  
          **LADY:** (Turning  $\frac{1}{4}$  left) step right, hold, (turning  $\frac{1}{4}$  left) step back left, step forward right (dropping lady's left arm, put right arm around man's back)
- 37-40      **MAN:** (Turning  $\frac{1}{4}$  left) step right, hold, (turning  $\frac{1}{4}$  left) step back left, step forward right (dropping man's left arm, put right arm around lady's back)  
          **LADY:** (Turning  $\frac{1}{4}$  right) step left, hold, (turning  $\frac{1}{4}$  right) step back right, step forward left (dropping lady's right arm, put left arm around man's back)

## LADY'S CROSS IN FRONT; CROSS BODY PASS

- 41-44      **MAN:** Step forward left, hold, step right, step left next to right (man picks up lady's right hand in his left and pulls her in front of him into closed position)  
          **LADY:** Large step forward right, (passing in front of man, turning  $\frac{1}{2}$  left) hold, step left, step right next to left (now in front of man, in closed position)

45-48

**MAN:** Step right, hold, step back left (turning  $\frac{1}{4}$  left) step forward right (turning  $\frac{1}{4}$  left, man lowers his left hand to waist height)

Lady's; step left, hold, step forward right, (turning  $\frac{1}{2}$  left) step left next to right (lady passes in front of man back into closed position, start dance over facing new wall)

**REPEAT**

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