Are You Ready To Rumba? (P)



拍数: 48 墙数: 4 级数: Partner dance

编舞者: Larry Carriger (USA) & Jody Carriger (USA) 音乐: Mama Likes To Reggae - The Bellamy Brothers



Position: Closed Position

CUBAN ROCKS

1-4 **MAN:** Step forward left, hold, step forward right, step back left

LADY: Step back right, hold, step back left, step forward right

5-8 **MAN:** Step back right, hold, step back left, step forward right

LADY: Step forward left, hold, step forward right, step back left

LADY TURNS; PARALLEL CROSSES

9-12 MAN: Step left, hold, step right behind left, step left in place (man drops his right hand, lady

drops her left)

LADY: Step right, hold, (turning under raised hands, man's left, lady's right) step left turning

½ right, step right, turning ½ right (facing each other, palm to palm)

13-16 MAN: Step right, hold, (turning 1/8 right) step left over right, step back right

LADY: Step left, hold, (turning 1/8 right) step right behind left, step forward left

PARALLEL CROSSES; OPEN UP SIDE BREAK

17-20 MAN: Step left, hold, (turning 1/8 left) step right over left, step back left

LADY: Step right, hold, (turning 1/8 left) step left behind right, step forward right

21-24 MAN: (Turning 1/8 right) step right, hold, (drop lady's left hand) (turning 1/4 right) step left over

right, step back on right

LADY: (Turning 1/8 right) step left, hold, (drop man's right hand) (turning 1/8 left) step right

over left, step back on left

LADY TURNS: 5TH POSITION BREAKS

25-28 MAN: (Turning ¼ left) step left, hold, step right behind left, step left in place

LADY: (Turning ¼ right) step right, hold, step left (turning ½ right under lady's right arm) step

right (turning ½ right under raised arms)

BOTH: (Dropping man's left, lady's right; man put right arm around lady's back; lady puts left

arm around man's back)

29-32 MAN: Step right, hold, (turning ¼ left) step back left, step forward right

LADY: Step left, hold, (turning 1/4 right) step back right, step forward left

5TH POSITION BREAKS

33-36 MAN: (Turning ¼ right) step left, hold, (turning ¼ right) step back right, step forward left

(dropping man's right arm, put left arm around lady's back)

LADY: (Turning 1/4 left) step right, hold, (turning 1/4 left) step back left, step forward right

(dropping lady's left arm, put right arm around man's back)

37-40 MAN: (Turning ¼ left) step right, hold, (turning ¼ left) step back left, step forward right

(dropping man's left arm, put right arm around lady's back)

LADY: (Turning ¼ right) step left, hold, (turning ¼ right) step back right, step forward left

(dropping lady's right arm, put left arm around man's back)

LADY'S CROSS IN FRONT; CROSS BODY PASS

41-44 MAN: Step forward left, hold, step right, step left next to right (man picks up lady's right hand

in his left and pulls her in front of him into closed position)

LADY: Large step forward right, (passing in front of man, turning ½ left) hold, step left, step

right next to left (now in front of man, in closed position)

45-48

MAN: Step right, hold, step back left (turning $\frac{1}{4}$ left) step forward right (turning $\frac{1}{4}$ left, man lowers his left hand to waist height)

Lady's; step left, hold, step forward right, (turning ½ left) step left next to right (lady passes in front of man back into closed position, start dance over facing new wall)

REPEAT