

# Are You Ready

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Craig Cooke (UK)  
音乐: Are You Ready For Love? - Elton John



## TOUCH & HEEL STEP ½ TURN TWICE

1&2      Touch right toe into left instep, step back onto right foot, and place left heel forward  
&      Step forward onto left  
3-4      Step forward onto right pivot ½ turn left  
5&6      Touch right toe into left instep, step back onto right foot, and place left heel forward  
&      Step forward onto left  
7-8      Step forward onto right pivot ½ turn left

## ROCK AND CROSS TWICE, CHASSE TO SIDE CROSS UNWIND

1&2      Rock right-to-right side recover to left and step right over left  
3&4      Rock left-to-left side recover to right step left over right  
5&6      Step right to right side, step left next to right, step right to right side  
7-8      Cross left over right & unwind full turn

## CHASSE TO LEFT, CROSS UNWIND, KICK & TOUCH, KICK AND TOUCH

1&2      Step left to left side, step right next to left, step left to left side  
3-4      Cross right over left unwind full turn  
5&6      Kick right foot forward, step right in place, point left to left side  
7&8      Kick left foot forward, step left in place, point right to right side

## PADDLE TURN, ROCK AND TRIPLE ½ TURN

1-2      Step right foot slightly to side and turn 1/8 turn to left  
3-4      Step right foot slightly to side and turn 1/8 turn left (making ¼ turn overall)  
5-6      Rock forward onto right foot, rock back onto left  
7&8      Make triple half turn stepping right left right

## STEP FORWARD, TURN ½ TURN SHUFFLE FORWARD, KICK AND CROSS, SIDE ROCK

1-2      Step forward onto left pivot ½ turn to right  
3&4      Step forward onto left foot, step right next to left, and step forward onto left  
5&6      Kick right to right side step right in place and cross left over right  
7-8      Rock right to right side, recover onto left

## RIGHT SAILOR STEP, LEFT SAILOR STEP, 2 X ½ PIVOT TURNS

1&2      Step right behind left, step left to left side, step right to right side  
3&4      Step left behind right, step right to right side, step left to left side  
5-6      Step forward onto right foot pivot ½ turn left  
7-8      Step forward onto right foot pivot ½ turn left

REPEAT

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