

Are We Family

COPPER KNOB
STEPMATS

拍数: 32 墙数: 2 级数: Improver
编舞者: Judy Cain (USA)
音乐: We Are Family - Sister Sledge



STEP TOGETHER STEP TOUCH

1-2 Step right to right (you can add a right hip roll), step left beside right
3-4 Step right to right (you can add a right hip roll), touch left next to right
5-6 Step left to left (you can add a left hip roll), step right beside left
7-8 Step left to left (you can add a left hip roll), touch right next to left

OPEN OPEN CLOSE CLOSE 2 HEEL LIFTS

1-2 Step right to right, step left to left
3-4 Step right in, step left beside right
&5&6 Step right to right, step left to left, step right in, step left beside right
7-8 Raise & lower heels 2 times (or 2 knee rolls)

STEP LOCK STEP TOUCH, STEP ½ LEFT TURN TOUCH, STEP TOUCH

1-2 Step right angle right, step left behind right
3-4 Step right angle, touch left beside right
5-6 Step left making a ½ left turn, touch right beside left
7-8 Step right forward, touch left beside right

STEP LOCK STEP TOUCH, STEP TOUCH 4 TIMES

1-2 Step left angle left, step right behind left
3-4 Step left angle, touch right beside left
5&6& Step right in place touch left slightly in front of right foot, step left in place touch right slightly in front of left
7&8& Step right in place touch left slightly in front of right foot, step left in place touch right slightly in front of left

REPEAT
