## Aquarius



拍数: 32 墙数: 4 级数: Intermediate

编舞者: John Robinson (USA) 音乐: Aquarius - Aqua



Sequence: 32, 24, 32, 32, 24, 32&4, 32, 24, 16

The dance should flow beautifully with a bit of rise and fall. Use your arms and head for interpretive styling

#### BRUSH & STEP, 1 ½ TURN LEFT WITH TOE POINT, STEP LIFTS, CROSS TRIPLE

1&2& Rising on ball of left, brush ball of right foot forward, bending knees to lower slightly step right

foot forward, left step turning toe out prepping for left turn, pivot ½ left (to 6:00) stepping right

foot back

Pivot ½ left (to 12:00) stepping left foot forward, pivot ½ left (to 6:00) stepping right foot back,

point left toe forward

5&6& Step left forward, right lift behind left leg, step right back, left lift in front of right leg

Angling body to 9:00

7&8 Left step side left, right step across left, left step side left

# CROSS TRIPLE WITH SWEEP, CROSS TRIPLE WITH SWEEP, SWEEP WALKS, FORWARD PRESS, RECOVER, ½ TURN RIGHT

1&2 Right step across left, left step side left, right step across left, sweeping left out ad around to

the right preparing to cross over right

Left step across right, right step side right, left step across right sweeping right out and

around to the left preparing to cross over left

5-6 Right sweep step forward across left, left sweep step forward across right

7&8 Right press forward ball of foot, recover to left, pivot ½ right (to 3:00) stepping right forward

#### SIDE BALL CROSS, SIDE BALL CROSS, SIDE BALL CROSS & TURN, QUICK HIP SWAY

Left step ball of foot side left, right step ball of foot in place, left step across right Right step ball of foot side right, left step ball of foot in place, right step across left

5&6& Left step ball of foot side left, right step ball of foot in place, left step across right turning toes

left prepping for turn, pivot 1/4 left (to 12:00) stepping right back

7&8 Pivot ¼ left (to 9:00) stepping left side left and swaying hips left, sway hips right-left

#### SIDE, ROCK-STEP, SIDE, ROCK-STEP, SIDE, BEHIND, UNWIND FULL TURN LEFT

1-2& Right step side right, left rock ball of foot behind right, recover to right

3-4& Left step side left, right rock ball of foot behind, recover to left

5-6 Right step side right, left toe touch behind right

7-8 Unwind full turn left placing weight on left

### **REPEAT**

#### **RESTART**

Do the entire dance once. Start the next repetition and when you finish the quick sway at the end o the third 8, the chorus will begin. Start over and compete another full repetition (that's 32, 24, 32). Repeat (32, 24, 32), then hold for 4 counts (feel free to add arm styling here). Now you have one set left: another 32, 24, begin the final 32 and you'll get halfway through when the song ends, so finish with the press and turn (last 2 counts of second set of 8) turning ½ right (instead of ½) to face the front (12:00). Then hold, raising arms slowly as the music fades