

Applejack Strut & Bump

COPPERKNOB
STEPPERS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Heather Sowden (AUS)
音乐: Mountain High - Charley Pride



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- 1-4 Right toe/heel strut, left heel/toe strut
5-8 Right toe/heel strut, left heel/toe strut
9-10 Right shuffle forward (right-left-right)
11-12 Left shuffle forward (left-right-left)
13-16 Right vine (right-left-right-left)
- 17-20 2 left hip bumps, 2 right hip bumps(moving forward as you bump hips)
21-24 Left vine (left-right-left-right)
25-28 2 right hip bumps, 2 left hip bumps(moving forward as you bump hips)
29-32 Right reggae $\frac{1}{4}$ turn to right(cross right over left, step back on left turning a $\frac{1}{4}$ to right, step right in place, step left in place)
- 33-36 Right toe to right side, right together, left toe to left side, left together
37-40 Right heel forward, right together, left toe back, left together

REPEAT
