

Apopka Stampede

COPPER KNOB
STEPPERS

拍数: 60 墙数: 2 级数: Intermediate
编舞者: Jan Pratt (USA)
音乐: Wild Love - Joy Lynn White



RIGHT AND LEFT HEEL TOUCHES

- 1-2 Touch right heel forward, step right beside left & clap
- 3-4 Touch left heel forward, step left beside right & clap
- 5& Touch right heel forward, step together on right
- 6& Touch left heel forward, step together on left
- 7-8 Touch right heel forward, step together on right & clap

MONTEREY TURN

- 9-10 Touch right foot to right side, spin ½ turn right on left foot stepping on right foot beside left
- 11-12 Touch left toe to left side, step left beside right

LEFT AND RIGHT HEEL TOUCHES

- 13-14 Touch left heel forward, step left beside right and clap
- 15-16 Touch right heel forward, step right foot beside left and clap
- 17& Touch left heel forward, step on left
- 18& Touch right heel forward, step on right
- 19-20 Touch left heel forward, step on left

HIP BUMPS

- 21-22 Bump hips left twice
- 23-24 Bump hips right twice
- 25-26 Bump hips left twice
- 27-28 Bump hips right twice

BACKWARD CHAIN OF EVENTS

- 29-30 Cross-step left foot behind right, touch right foot to right side
- 31-32 Cross-step right foot behind left, touch left foot to left side
- 33-34 Cross-step left foot behind right, touch right foot to right side
- 35-36 Cross-step right foot behind left, touch left foot to left side

"DOWN & DIRTY" STEP TO LEFT, MONTEREY SPIN

- 37-40 Step left foot to left side, rotate (or wiggle) hips for 2 beats, slide right foot to left
- 41-42 Point right toe to right side, spin ½ turn right on left foot stepping on right beside left
- 43-44 Point left toe to left side, touch left foot beside right

VINE LEFT, SWIVEL

- 45-46 Step left foot to left side, cross-step right foot behind left
- 47-48 Step left foot to left side, step right foot beside left
- 49-50 Bending knees, swivel heels right, left
- 51-52 Straightening knees, swivel heels right, left

VINE RIGHT, MILITARY TURN

- 53-54 Step right foot to right side, cross-step left foot behind right
- 55-56 Step right foot to right side, touch left foot beside right
- 57-58 Step left foot forward, pivoting ½ turn right, step forward on right
- 59-60 Step left foot forward, jump forward on both feet

REPEAT
