

# Aphrodisiac

拍数: 32      墙数: 4      级数: Improver  
编舞者: Michelle Denney (UK)  
音乐: My Aphrodisiac Is You - Katie Melua



## WALKING, SHUFFLE, MAMBO, UNWIND

1-2            Step right foot forward. Step left foot forward  
3&4           Step right foot forward, place left foot next to right, step right foot forward  
5&6           Step left foot forward, replace back onto right foot, step left foot back  
7-8           Cross right foot behind left foot and unwind  $\frac{1}{2}$  turn (turning right)

## SIDE ROCK, BEHIND, SIDE, CROSS, SIDE ROCK, BEHIND, SIDE, CROSS

1-2            Step left foot to left side, replace weight back onto right foot  
3&4           Step left foot behind right, step right foot to right side, step left foot across right foot  
5-6           Step right foot to right side, replace weight back onto left foot  
7&8           Step right foot behind left, step left foot to left side, step right foot across left foot

## CROSS BACK, COASTER, SHUFFLES

1-2            Step left foot across right foot turning  $\frac{1}{4}$  left, step right foot back  
3&4           Step left foot back, step right foot next to left, step left foot forward  
5&6           Step right foot forward, place left foot next to right, step right foot forward  
7&8           Step left foot forward, place right foot next to left, step left foot forward

## ROCK STEP, $\frac{1}{2}$ TURN SHUFFLE, ROCK STEP, CROSS BEHIND, HEEL JACK

1-2            Step right foot forward, replace weight back onto left foot  
3&4           Step right  $\frac{1}{4}$  turn right, step left next to right, step right forward turning  $\frac{1}{4}$  turn right  
5-6           Step left foot forward, replace weight back onto right foot  
7&            Step left behind right, step right to right side  
8&            Dig left heel diagonally forward, replace weight back onto left

## REPEAT

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