

Baseline

拍数: 32 墙数: 1 级数: Intermediate
编舞者: The Phoenix (UK)
音乐: Walk This Way (feat. Aerosmith) - Run-DMC



CROSS OVER WALK, KICK-BALL TOUCH, KNEE POPS, STEP

- 1 Step left over right
- 2 Step right to right side
- 3 Step left over right
- 4 Step right to right side
- 5 Kick left forward
- & Step left next to right
- 6 Touch right to right side
- 7 Pop right knee in
- & Pop right knee out
- 8 Step right next to left

SIDE SHUFFLE, TOUCH BACK, PIVOT, COASTER STEP, STEP, PIVOT

- 9&10 Side shuffle left
- 11 Touch right toes back
- 12 Pivot ½ over right shoulder while kicking right forward
- 13&14 Right back coaster step
- 15 Step left forward
- 16 Pivot ½ over right shoulder

STEP, TOUCH, STEP, HEAD DOWN, HEAD UP, TOUCH, STEP, CROSS

- 17 Step left to left side
- 18 Touch right next to left
- 19 Step right to right side, leaning shoulders to right
- 20 Drop head (look at floor)
- 21 Raise head (to normal position)
- 22 Touch right next to left (shoulders return to normal position)
- 23 Step right to right side
- 24 Cross left over right

UNWIND, STEP, STEP, TOUCH, KICK, STEP, CROSS UNWIND

- 25-26 Unwind ½ over right shoulder
- 27 Step right to right side
- 28 Step left over right
- 29 Touch right over left
- & Kick right forward
- 30 Step right back
- & Cross left over right
- 31-32 Unwind ½ over right

REPEAT